1  
00:00:02,560 --> 00:00:04,800  
好，咱们接着刚才的内容啊  
  
2  
00:00:04,800 --> 00:00:05,680  
接着往下聊  
  
3  
00:00:07,260 --> 00:00:09,260  
呃，刚才那一段呢  
  
4  
00:00:09,340 --> 00:00:13,820  
那么集中的说了夏利的一些病状转归  
  
5  
00:00:14,460 --> 00:00:17,060  
以及相应的治疗啊  
  
6  
00:00:17,100 --> 00:00:17,660  
后面呢  
  
7  
00:00:18,940 --> 00:00:20,710  
也有夏利  
  
8  
00:00:20,830 --> 00:00:24,000  
而且是和额伤寒重复的  
  
9  
00:00:24,000 --> 00:00:26,480  
你比如说桃花汤，白头翁汤啊  
  
10  
00:00:26,480 --> 00:00:27,680  
但是既然出现了呢  
  
11  
00:00:27,680 --> 00:00:30,200  
我们也照例说一下  
  
12  
00:00:31,160 --> 00:00:33,160  
原文第42啊  
  
13  
00:00:33,160 --> 00:00:36,800  
原文第42中间说，夏利便脓血者  
  
14  
00:00:36,840 --> 00:00:38,960  
桃花汤主之，这个呀  
  
15  
00:00:39,440 --> 00:00:42,320  
跟伤寒里头几乎就没差啥，对吧  
  
16  
00:00:42,720 --> 00:00:43,720  
呃，只是伤寒呢  
  
17  
00:00:43,720 --> 00:00:46,480  
人家告诉你了，说这个是是一个少阴病啊  
  
18  
00:00:46,480 --> 00:00:47,840  
这个没说而已啊  
  
19  
00:00:48,560 --> 00:00:49,200  
没差啥  
  
20  
00:00:50,160 --> 00:00:51,520  
那么呃  
  
21  
00:00:52,040 --> 00:00:56,680  
还是简单说一下素问金匮真言里面有这么一段话  
  
22  
00:00:56,840 --> 00:01:00,400  
所谓北方黑色入通于肾  
  
23  
00:01:01,360 --> 00:01:03,080  
开窍于二阴  
  
24  
00:01:04,250 --> 00:01:06,970  
藏精于肾，这个这段大家回去  
  
25  
00:01:07,940 --> 00:01:09,220  
呃印证一下  
  
26  
00:01:09,500 --> 00:01:13,700  
那么总结就是到我们今天你看基础理论  
  
27  
00:01:13,700 --> 00:01:15,940  
中间有句话叫慎思二变  
  
28  
00:01:16,020 --> 00:01:16,580  
是不是  
  
29  
00:01:17,770 --> 00:01:19,330  
那么不光是小便啊  
  
30  
00:01:19,370 --> 00:01:22,040  
我们有的时候考虑到小便  
  
31  
00:01:22,040 --> 00:01:24,520  
可能直观的会和肾联系起来  
  
32  
00:01:24,560 --> 00:01:28,240  
其实大便关系也是一样的啊  
  
33  
00:01:28,680 --> 00:01:31,040  
就是从这里头来的，开窍于二阴  
  
34  
00:01:31,840 --> 00:01:32,640  
藏精于肾  
  
35  
00:01:33,480 --> 00:01:33,880  
那么  
  
36  
00:01:35,570 --> 00:01:38,290  
桃花汤咱们都知道它的病机啊  
  
37  
00:01:38,850 --> 00:01:39,050  
呃  
  
38  
00:01:39,170 --> 00:01:44,890  
整个的在沙论中由于少阴的虚寒造成的肠道滑脱  
  
39  
00:01:45,700 --> 00:01:45,900  
呃  
  
40  
00:01:45,900 --> 00:01:46,460  
在这呢  
  
41  
00:01:46,460 --> 00:01:48,660  
我们可以理解，这个少阴啊  
  
42  
00:01:49,140 --> 00:01:50,820  
它在脏腑之中也是肾  
  
43  
00:01:51,340 --> 00:01:52,500  
那么肾寒啊  
  
44  
00:01:52,540 --> 00:01:54,020  
肾寒之后二便失司  
  
45  
00:01:54,950 --> 00:01:57,160  
呃则下焦呢  
  
46  
00:01:57,680 --> 00:01:59,880  
那么也会连带虚寒  
  
47  
00:02:00,390 --> 00:02:02,350  
连带虚寒之后小肠失温  
  
48  
00:02:02,390 --> 00:02:03,870  
这个是我自己的理解啊  
  
49  
00:02:04,230 --> 00:02:05,910  
小肠失温之后就会滑脱  
  
50  
00:02:06,790 --> 00:02:11,250  
所以在伤寒论中，我们说夏利便脓血  
  
51  
00:02:11,760 --> 00:02:14,640  
最经典的两个汤证到这都拿过来了  
  
52  
00:02:14,680 --> 00:02:15,800  
一个是桃花汤  
  
53  
00:02:15,800 --> 00:02:16,760  
一个是白头翁汤  
  
54  
00:02:16,760 --> 00:02:17,280  
对不对啊  
  
55  
00:02:17,760 --> 00:02:20,360  
但是这个桃花汤和白头翁汤  
  
56  
00:02:20,440 --> 00:02:23,760  
这两个其实相当于一寒一热  
  
57  
00:02:24,240 --> 00:02:26,440  
它是一个阴阳对举的用法啊  
  
58  
00:02:26,480 --> 00:02:29,160  
一个是呃寒的，一个是热的  
  
59  
00:02:29,880 --> 00:02:30,840  
那这个寒的呢  
  
60  
00:02:31,760 --> 00:02:32,600  
既然讲到这了  
  
61  
00:02:32,600 --> 00:02:35,160  
我们也呃多说两句啊  
  
62  
00:02:36,160 --> 00:02:40,280  
那么这个所谓这个寒的桃花汤  
  
63  
00:02:41,560 --> 00:02:42,640  
非常经典啊  
  
64  
00:02:42,760 --> 00:02:43,320  
三味药  
  
65  
00:02:43,520 --> 00:02:45,120  
赤食指干姜，粳米  
  
66  
00:02:46,910 --> 00:02:48,790  
赤石之呢，本身他色赤  
  
67  
00:02:49,790 --> 00:02:51,950  
额色赤本身就是入心嘛  
  
68  
00:02:51,990 --> 00:02:53,830  
入心之后他自然能温小肠  
  
69  
00:02:55,820 --> 00:02:56,500  
质地呢  
  
70  
00:02:57,580 --> 00:02:59,820  
把它粉碎了之后又比较黏啊  
  
71  
00:02:59,860 --> 00:03:01,740  
有这个粘合知性  
  
72  
00:03:02,100 --> 00:03:03,620  
粘合知性，古人不叫粘合  
  
73  
00:03:03,620 --> 00:03:04,100  
古人叫什么  
  
74  
00:03:04,100 --> 00:03:04,900  
叫固色  
  
75  
00:03:05,020 --> 00:03:06,700  
是不是啊，叫收敛就色长  
  
76  
00:03:07,210 --> 00:03:08,090  
那么这个里头呢  
  
77  
00:03:08,170 --> 00:03:10,610  
它在色长的过程之中，你看它的妙用  
  
78  
00:03:10,890 --> 00:03:14,010  
它里头一半全用，一半导筛啊  
  
79  
00:03:14,460 --> 00:03:15,140  
一半全用  
  
80  
00:03:15,140 --> 00:03:17,060  
这我的理解就比较直观了  
  
81  
00:03:17,100 --> 00:03:19,460  
全用的话，它质地是比较沉的  
  
82  
00:03:19,870 --> 00:03:22,510  
沉则重坠，它就往下走啊  
  
83  
00:03:22,870 --> 00:03:28,040  
而这个末相对来说它的色性更强啊  
  
84  
00:03:28,080 --> 00:03:31,120  
更黏，就是有这个粘合粘粘的作用  
  
85  
00:03:31,520 --> 00:03:34,000  
当然在应用之中你不要忘了啊  
  
86  
00:03:34,080 --> 00:03:37,340  
这个里头最后呃煮好了之后，对吧  
  
87  
00:03:37,700 --> 00:03:40,740  
要纳赤石之末，方寸壁  
  
88  
00:03:40,780 --> 00:03:41,780  
这个很重要  
  
89  
00:03:41,780 --> 00:03:43,340  
我在临床之中，我试了  
  
90  
00:03:43,780 --> 00:03:46,380  
就是那种比较严重的虚寒滑脱  
  
91  
00:03:46,580 --> 00:03:49,780  
你差这一勺就是不行啊  
  
92  
00:03:49,780 --> 00:03:51,100  
就是得用啊  
  
93  
00:03:51,100 --> 00:03:53,600  
这个一方寸币非常的重要，呃  
  
94  
00:03:53,800 --> 00:03:54,600  
加上干姜  
  
95  
00:03:54,720 --> 00:03:56,680  
干姜本身能温下缘啊  
  
96  
00:03:56,760 --> 00:04:01,240  
就是能能温这个肾和小肠的虚寒，外加精米  
  
97  
00:04:01,720 --> 00:04:05,000  
精米本身本身就能滋肠胃嘛，助肠胃  
  
98  
00:04:05,280 --> 00:04:08,700  
与此同时我还有一个这个理论啊  
  
99  
00:04:08,700 --> 00:04:10,460  
就是这个粥啊  
  
100  
00:04:10,620 --> 00:04:12,300  
粥熬完了之后上头有一层膜嘛  
  
101  
00:04:12,740 --> 00:04:14,260  
这个以形补形之象  
  
102  
00:04:14,340 --> 00:04:15,820  
它是有一个取向的作用  
  
103  
00:04:16,700 --> 00:04:18,380  
咱们都知道粥上头熬完粥  
  
104  
00:04:18,380 --> 00:04:19,540  
粥上头有一层黏膜  
  
105  
00:04:20,140 --> 00:04:20,339  
呃  
  
106  
00:04:20,380 --> 00:04:22,300  
这个就是跟我们大肠滑脱  
  
107  
00:04:22,960 --> 00:04:26,920  
长臂一下脱落那个那个形和象它是很类似的啊  
  
108  
00:04:26,960 --> 00:04:27,800  
同气则相求  
  
109  
00:04:28,200 --> 00:04:32,530  
那么肯定是他在这就呃有所应用  
  
110  
00:04:34,160 --> 00:04:38,440  
因此这个就是桃花汤的一个呃，一个方  
  
111  
00:04:39,280 --> 00:04:39,480  
呃  
  
112  
00:04:39,560 --> 00:04:42,800  
下面呢，原文第43条啊  
  
113  
00:04:42,920 --> 00:04:46,720  
白头翁汤这个也出自于伤寒论  
  
114  
00:04:46,760 --> 00:04:48,720  
其实是完全平移的  
  
115  
00:04:49,170 --> 00:04:50,530  
伤寒论里头一个字儿都没差  
  
116  
00:04:50,570 --> 00:04:52,370  
这个在厥阴篇里他都没  
  
117  
00:04:52,490 --> 00:04:53,570  
甚至厥阴都没提  
  
118  
00:04:53,970 --> 00:04:54,890  
就这么几个字儿  
  
119  
00:04:55,490 --> 00:04:56,530  
白头翁汤呢  
  
120  
00:04:56,570 --> 00:04:58,650  
同样是夏利便脓血  
  
121  
00:04:58,730 --> 00:05:00,450  
但是与桃花汤相反  
  
122  
00:05:00,860 --> 00:05:02,580  
其实我们在临症之中  
  
123  
00:05:02,580 --> 00:05:05,180  
脓血便一般情况下也就这两种啊  
  
124  
00:05:05,220 --> 00:05:07,340  
一个是虚寒的，一个是热的  
  
125  
00:05:07,340 --> 00:05:09,920  
你就把寒热，把它把握好就行  
  
126  
00:05:10,560 --> 00:05:12,120  
水火者阴阳之征兆啊  
  
127  
00:05:12,760 --> 00:05:14,600  
那么左右者阴阳之道路  
  
128  
00:05:14,720 --> 00:05:17,040  
你把这个寒和热两端抓住  
  
129  
00:05:17,240 --> 00:05:18,440  
看看他到底是哪个  
  
130  
00:05:19,010 --> 00:05:21,890  
那么一般来说迎刃而解，辩证方法就很多  
  
131  
00:05:21,930 --> 00:05:23,530  
我不愿意那么讲啊  
  
132  
00:05:23,570 --> 00:05:24,650  
就是很很繁琐  
  
133  
00:05:24,930 --> 00:05:26,050  
你自己回去看看吧  
  
134  
00:05:26,050 --> 00:05:27,730  
无非是舌脉症状呗，对吧  
  
135  
00:05:28,160 --> 00:05:30,120  
那么舌是什么样是寒，什么样是热  
  
136  
00:05:30,120 --> 00:05:31,440  
这个不用我再赘述  
  
137  
00:05:31,840 --> 00:05:33,280  
脉是什么是寒，什么是热  
  
138  
00:05:33,320 --> 00:05:35,590  
包括甚至是有些人很细  
  
139  
00:05:35,630 --> 00:05:38,230  
就是说变出来的屎闻闻味儿啊  
  
140  
00:05:38,310 --> 00:05:39,990  
说这个没有啥大味的  
  
141  
00:05:40,660 --> 00:05:44,660  
就这个就是相对来说虚寒酸腐难闻，那腥臭  
  
142  
00:05:44,740 --> 00:05:45,660  
就这个就是热  
  
143  
00:05:46,140 --> 00:05:50,140  
呃，我觉得不用非得事必躬亲啊  
  
144  
00:05:50,140 --> 00:05:52,300  
这个我我一般就看脉就完了  
  
145  
00:05:52,300 --> 00:05:55,180  
你易大卖那个只是水的下游  
  
146  
00:05:55,260 --> 00:05:58,400  
你把水的上游也就是先机把他抓住  
  
147  
00:05:58,800 --> 00:06:01,880  
但是你说这个细枝末节这东西有没有用  
  
148  
00:06:01,920 --> 00:06:03,520  
我们要承认它是有用的  
  
149  
00:06:03,720 --> 00:06:04,160  
为什么  
  
150  
00:06:04,480 --> 00:06:05,240  
这个医生啊  
  
151  
00:06:05,240 --> 00:06:08,220  
有的时候我们细一点，他不算毛病啊  
  
152  
00:06:08,220 --> 00:06:09,300  
我没否认这个问题  
  
153  
00:06:09,580 --> 00:06:12,380  
就是你如果抓先机抓不明白  
  
154  
00:06:13,540 --> 00:06:14,900  
那老先生就告诉你了怎么办  
  
155  
00:06:14,900 --> 00:06:15,940  
那你往中间抓  
  
156  
00:06:15,940 --> 00:06:19,820  
抓中间再抓，不明白你怎么办  
  
157  
00:06:20,300 --> 00:06:23,980  
往末端所以很多东西可以变知道吧  
  
158  
00:06:23,980 --> 00:06:26,500  
这个中间是一个变的东西啊  
  
159  
00:06:27,380 --> 00:06:28,340  
一个变量的东西  
  
160  
00:06:28,380 --> 00:06:31,100  
就呃，上个月我在诊室开了一张方啊  
  
161  
00:06:31,460 --> 00:06:33,100  
当时给我们学生也逗乐了  
  
162  
00:06:33,620 --> 00:06:34,780  
呃，开张啥方呢  
  
163  
00:06:34,780 --> 00:06:37,500  
这人我一大脉相，我一大脉相吧  
  
164  
00:06:37,740 --> 00:06:39,420  
哎，我说我就自己念叨  
  
165  
00:06:39,420 --> 00:06:41,730  
我说他这个有点难受啊  
  
166  
00:06:41,730 --> 00:06:42,730  
你们可能看见了啊  
  
167  
00:06:42,730 --> 00:06:46,650  
就说我说他一半是小柴胡  
  
168  
00:06:48,000 --> 00:06:48,320  
对吧  
  
169  
00:06:48,360 --> 00:06:49,160  
你们有印象吧  
  
170  
00:06:49,160 --> 00:06:50,200  
一半是大柴胡  
  
171  
00:06:50,920 --> 00:06:52,000  
小柴胡正已成  
  
172  
00:06:52,240 --> 00:06:56,560  
但是转了往大柴胡上转了还没转到  
  
173  
00:06:58,390 --> 00:06:59,190  
很难受啊  
  
174  
00:06:59,190 --> 00:06:59,790  
这个时候啊  
  
175  
00:06:59,790 --> 00:07:00,670  
那你怎么办啊  
  
176  
00:07:01,240 --> 00:07:01,520  
我  
  
177  
00:07:01,520 --> 00:07:01,720  
哎  
  
178  
00:07:01,720 --> 00:07:02,800  
对，你看你们都记得  
  
179  
00:07:02,800 --> 00:07:03,680  
我当时就说了  
  
180  
00:07:03,680 --> 00:07:05,480  
我跟学生说，我说中柴胡汤  
  
181  
00:07:05,520 --> 00:07:06,280  
学生都懵了  
  
182  
00:07:06,280 --> 00:07:07,160  
老师啥叫中柴胡汤  
  
183  
00:07:07,160 --> 00:07:09,500  
我说你写，你就直接写  
  
184  
00:07:09,540 --> 00:07:11,220  
哈哈哈好了  
  
185  
00:07:11,980 --> 00:07:13,500  
小柴胡、大柴胡合一起  
  
186  
00:07:14,560 --> 00:07:16,520  
哎，开立周患者复诊  
  
187  
00:07:16,920 --> 00:07:17,680  
我说咋样啊  
  
188  
00:07:17,680 --> 00:07:18,360  
他说，老师  
  
189  
00:07:18,360 --> 00:07:19,560  
中柴胡汤真好吃  
  
190  
00:07:20,040 --> 00:07:23,640  
其实哪来中柴胡汤就是一个变量啊  
  
191  
00:07:23,680 --> 00:07:24,720  
很多东西是一个变量  
  
192  
00:07:24,720 --> 00:07:25,840  
你不用绝对  
  
193  
00:07:26,120 --> 00:07:28,280  
你不用老老实说，说说你  
  
194  
00:07:28,280 --> 00:07:30,710  
你曾经有过真人真事啊  
  
195  
00:07:30,710 --> 00:07:32,470  
我，学生跟我讲  
  
196  
00:07:32,470 --> 00:07:32,990  
很认真的  
  
197  
00:07:32,990 --> 00:07:33,750  
学生说  
  
198  
00:07:33,750 --> 00:07:36,630  
老师，你能不能把患者进屋之后  
  
199  
00:07:37,410 --> 00:07:39,290  
我查色按脉的流程  
  
200  
00:07:39,330 --> 00:07:40,930  
给我定一个标准公式  
  
201  
00:07:41,930 --> 00:07:45,440  
我以后看病按你的公式来，给我愁坏了  
  
202  
00:07:45,440 --> 00:07:46,680  
我说，这孩子可咋整  
  
203  
00:07:47,920 --> 00:07:48,520  
那么讲啊  
  
204  
00:07:48,720 --> 00:07:49,640  
治病，他是灵活  
  
205  
00:07:49,640 --> 00:07:50,320  
就像打仗  
  
206  
00:07:52,080 --> 00:07:54,040  
咱俩打仗，我知道你咋出招吗  
  
207  
00:07:54,800 --> 00:07:55,840  
所以有公式吗  
  
208  
00:07:55,840 --> 00:07:57,680  
咱们明白这个意思吧  
  
209  
00:07:58,550 --> 00:08:00,150  
没有公式可言啊  
  
210  
00:08:00,510 --> 00:08:01,350  
因此呢  
  
211  
00:08:01,870 --> 00:08:04,750  
古人教我们都是叫什么呢  
  
212  
00:08:04,790 --> 00:08:07,290  
有教无类啊  
  
213  
00:08:08,290 --> 00:08:09,130  
因材施教  
  
214  
00:08:09,170 --> 00:08:10,130  
根据实际情况  
  
215  
00:08:10,490 --> 00:08:13,810  
那你色卖的层面如果抓不到，那怎么办  
  
216  
00:08:14,530 --> 00:08:15,810  
我再给你说说啊  
  
217  
00:08:15,890 --> 00:08:17,370  
那从你闻闻那个味儿  
  
218  
00:08:17,930 --> 00:08:18,170  
嗯  
  
219  
00:08:18,170 --> 00:08:19,570  
那拉那屎，你能闻出来吧  
  
220  
00:08:19,570 --> 00:08:19,930  
对吧  
  
221  
00:08:20,580 --> 00:08:24,820  
但不见得让你说每个患者你都上患者家里去家访啊  
  
222  
00:08:24,940 --> 00:08:26,260  
这这这这是没必要  
  
223  
00:08:26,470 --> 00:08:27,750  
有的时候我患者呢  
  
224  
00:08:27,790 --> 00:08:29,430  
那也是经常啊  
  
225  
00:08:29,430 --> 00:08:30,150  
这个很正常  
  
226  
00:08:30,150 --> 00:08:32,530  
有的时候大夫我我拉肚了  
  
227  
00:08:32,530 --> 00:08:35,090  
然后拍一个照片给我发过来，哈  
  
228  
00:08:35,370 --> 00:08:37,650  
就这个时候，有的时候其实呃  
  
229  
00:08:37,690 --> 00:08:42,049  
我们说从医疗上来说无可厚非  
  
230  
00:08:42,490 --> 00:08:46,490  
但是你基本上你不用拍照，就是你看卖啊  
  
231  
00:08:46,570 --> 00:08:47,930  
他就大差不差啊  
  
232  
00:08:47,930 --> 00:08:50,850  
基本上我们就就就能把它把握清楚了  
  
233  
00:08:52,050 --> 00:08:53,130  
所以这个就是白头翁汤  
  
234  
00:08:53,970 --> 00:08:57,250  
白头翁汤，我们简单说一下它构方啊  
  
235  
00:08:57,690 --> 00:09:00,490  
毕竟这个我的伤寒论，呃  
  
236  
00:09:00,570 --> 00:09:03,050  
在座的有的听过，有个别同学没听过啊  
  
237  
00:09:03,050 --> 00:09:04,500  
那讲一下，呃  
  
238  
00:09:04,500 --> 00:09:06,540  
白头翁本身这个东西呢  
  
239  
00:09:06,540 --> 00:09:07,940  
我们说一径直上啊  
  
240  
00:09:07,980 --> 00:09:10,580  
他这个顶上都是白毛，对吧  
  
241  
00:09:10,900 --> 00:09:11,100  
呃  
  
242  
00:09:11,100 --> 00:09:14,990  
古人谓之呢，叫有风不动无风毒爻啊  
  
243  
00:09:15,030 --> 00:09:16,790  
它有这个治风的作用  
  
244  
00:09:17,230 --> 00:09:23,430  
它能够能够治这个风木之旺旺形琴皮呢  
  
245  
00:09:23,430 --> 00:09:25,330  
古人用之染色啊  
  
246  
00:09:25,490 --> 00:09:28,920  
染色，所谓古人说青出于蓝啊  
  
247  
00:09:28,920 --> 00:09:31,400  
这个青涩呢，是从琴皮之中提出来的  
  
248  
00:09:31,680 --> 00:09:32,920  
青涩本来就能入肝  
  
249  
00:09:33,200 --> 00:09:33,880  
其性又凉  
  
250  
00:09:34,000 --> 00:09:34,840  
生于水边  
  
251  
00:09:35,290 --> 00:09:37,650  
因此有这个量杆之作用  
  
252  
00:09:38,050 --> 00:09:40,170  
量干的作用是为了干什么  
  
253  
00:09:41,470 --> 00:09:42,670  
如果能量干  
  
254  
00:09:43,550 --> 00:09:47,510  
就能缓和肝气之发动  
  
255  
00:09:53,240 --> 00:09:55,640  
为什么要缓和肝气滞发抖  
  
256  
00:09:55,760 --> 00:09:59,000  
还是那句话，老生常谈了吧  
  
257  
00:10:03,120 --> 00:10:05,080  
因为肝通阳明，同学们  
  
258  
00:10:06,080 --> 00:10:10,870  
肝气一发动大便就动了，是不是这回事啊  
  
259  
00:10:11,510 --> 00:10:11,710  
哎  
  
260  
00:10:11,790 --> 00:10:13,790  
肝气一发动，大便就动了啊  
  
261  
00:10:14,590 --> 00:10:17,390  
所以说我们说逆向思维  
  
262  
00:10:17,510 --> 00:10:18,910  
我们这个怎么止泻  
  
263  
00:10:19,660 --> 00:10:20,740  
你从这个上头  
  
264  
00:10:20,940 --> 00:10:24,780  
其实你还应该考虑到怎么排便是不是啊  
  
265  
00:10:26,170 --> 00:10:28,850  
那你把肝气如果是能疏通它  
  
266  
00:10:28,850 --> 00:10:30,010  
大便不也能下来吗  
  
267  
00:10:30,770 --> 00:10:31,010  
啊  
  
268  
00:10:31,410 --> 00:10:32,800  
但是在这，呃  
  
269  
00:10:33,120 --> 00:10:33,880  
我这么一说  
  
270  
00:10:33,880 --> 00:10:35,520  
个别同学你别一下啊  
  
271  
00:10:35,520 --> 00:10:38,080  
老师，我会了以后我就一个柴胡疏肝丸  
  
272  
00:10:38,080 --> 00:10:40,320  
我打遍天下便秘无敌  
  
273  
00:10:40,320 --> 00:10:41,350  
手，错了  
  
274  
00:10:41,350 --> 00:10:42,310  
你要那么弄啊  
  
275  
00:10:42,430 --> 00:10:44,030  
这个事有余人啊哈  
  
276  
00:10:44,190 --> 00:10:48,030  
学方3年是吧，又回到那个傲旧里面  
  
277  
00:10:48,580 --> 00:10:50,140  
呃，不是那个意思啊  
  
278  
00:10:50,580 --> 00:10:51,780  
我们治学呀  
  
279  
00:10:51,900 --> 00:10:54,820  
一定不能一叶障目，以偏概全  
  
280  
00:10:55,310 --> 00:10:58,470  
我个人认为就是如果你想把伤寒论学好啊  
  
281  
00:10:58,510 --> 00:10:59,430  
咱别说别的  
  
282  
00:10:59,750 --> 00:11:01,790  
金元四大家也好，还是千金外财  
  
283  
00:11:02,110 --> 00:11:05,270  
咱不奢谈那些眼巴前儿这点儿事  
  
284  
00:11:05,270 --> 00:11:05,470  
儿  
  
285  
00:11:05,830 --> 00:11:08,270  
我认为最起码你要看什么  
  
286  
00:11:08,900 --> 00:11:10,460  
伤寒你得拿下来吧  
  
287  
00:11:11,060 --> 00:11:12,620  
金贵你你得会吧  
  
288  
00:11:12,620 --> 00:11:14,180  
你看咱现在正拿着呢啊  
  
289  
00:11:15,100 --> 00:11:18,900  
伤寒金贵没到头往后瘟疫论你是不是要看啊  
  
290  
00:11:19,990 --> 00:11:21,150  
温热论湿热论  
  
291  
00:11:21,270 --> 00:11:23,830  
温病条辨，我认为这是最最起码的啊  
  
292  
00:11:24,150 --> 00:11:27,030  
那么这些东西你都把它拿下来  
  
293  
00:11:27,230 --> 00:11:31,630  
那么相应在你才能真说把伤寒理解了  
  
294  
00:11:32,520 --> 00:11:34,160  
那有同学画魂了，老师  
  
295  
00:11:34,400 --> 00:11:35,400  
那我就学一个伤寒  
  
296  
00:11:35,440 --> 00:11:37,800  
为啥我还要学这些啊  
  
297  
00:11:38,650 --> 00:11:41,450  
这个道理其实很简单啊  
  
298  
00:11:41,530 --> 00:11:42,530  
这个道理很简单  
  
299  
00:11:42,850 --> 00:11:44,130  
所谓知白守黑  
  
300  
00:11:44,610 --> 00:11:48,610  
你不知道这个白是什么样  
  
301  
00:11:48,770 --> 00:11:50,250  
你就不知道黑是什么样  
  
302  
00:11:50,250 --> 00:11:53,210  
阴阳它都是一个一个什么对比的东西啊  
  
303  
00:11:53,640 --> 00:11:55,040  
你不把温病拿下来  
  
304  
00:11:55,160 --> 00:11:56,920  
伤寒不可能真正的理解  
  
305  
00:11:58,000 --> 00:12:03,220  
就像是你不真正能把实方在礼法上贯通  
  
306  
00:12:03,260 --> 00:12:05,460  
你也不可能真正明白经方是啥  
  
307  
00:12:06,690 --> 00:12:07,650  
那是一回事的  
  
308  
00:12:08,050 --> 00:12:09,370  
那是一回事的对吧  
  
309  
00:12:11,810 --> 00:12:12,090  
呃  
  
310  
00:12:14,580 --> 00:12:15,300  
所以这块呢  
  
311  
00:12:15,300 --> 00:12:17,660  
我们我们说排便这个事啊  
  
312  
00:12:18,020 --> 00:12:18,740  
有很多  
  
313  
00:12:20,200 --> 00:12:21,120  
有很多人啊  
  
314  
00:12:21,160 --> 00:12:24,400  
那么可能会习惯于用一些伤寒的方法  
  
315  
00:12:24,400 --> 00:12:26,760  
比如说这个大黄啊，厚珀啊  
  
316  
00:12:26,760 --> 00:12:27,600  
就是成器类  
  
317  
00:12:28,140 --> 00:12:29,460  
呃，文明一点的呢  
  
318  
00:12:30,060 --> 00:12:30,860  
这个麻子仁丸  
  
319  
00:12:31,300 --> 00:12:33,340  
其实你真正做学问做伤寒  
  
320  
00:12:33,700 --> 00:12:36,450  
你才知道，伤寒里面带黄  
  
321  
00:12:36,490 --> 00:12:37,810  
首先它是下淤血的  
  
322  
00:12:38,210 --> 00:12:39,730  
它并不是叫通便汤  
  
323  
00:12:40,610 --> 00:12:43,570  
另外麻子仁丸，人家279条治的  
  
324  
00:12:43,570 --> 00:12:44,130  
那叫啥  
  
325  
00:12:44,130 --> 00:12:46,070  
那叫脾约，是不是啊  
  
326  
00:12:46,270 --> 00:12:47,790  
那不是说那叫便秘丸  
  
327  
00:12:47,950 --> 00:12:49,550  
你千万别弄混了，能用  
  
328  
00:12:49,670 --> 00:12:53,150  
但是有的时候你你得明白为啥用啊  
  
329  
00:12:53,730 --> 00:12:55,490  
呃，如果是脾虚的  
  
330  
00:12:55,570 --> 00:12:58,030  
那补中益气类方，那么就可以用吗  
  
331  
00:12:58,230 --> 00:12:59,270  
咱们说这个道理啊  
  
332  
00:12:59,270 --> 00:13:00,230  
有的人中气虚的  
  
333  
00:13:00,430 --> 00:13:01,390  
如果肝气不通  
  
334  
00:13:01,430 --> 00:13:02,790  
你该通疏肝，疏肝  
  
335  
00:13:03,550 --> 00:13:06,990  
包括伤寒论之中也经常用小柴胡治便秘  
  
336  
00:13:07,430 --> 00:13:10,910  
所谓上焦得通，津液得下胃气因和咱们说说这个问题吧  
  
337  
00:13:11,420 --> 00:13:14,300  
小柴胡汤主治，那么这个时候你你该用还用  
  
338  
00:13:14,630 --> 00:13:17,110  
包括那如果是温病的便秘呢  
  
339  
00:13:17,550 --> 00:13:21,070  
温病的便秘，比如说你看到这个人明显有阴虚之象  
  
340  
00:13:21,580 --> 00:13:25,300  
那么你就必须要去养阴啊  
  
341  
00:13:25,850 --> 00:13:28,610  
百合、沙参这些东西该用就得用，是不是啊  
  
342  
00:13:29,570 --> 00:13:31,010  
那么如果是胃里有火剩  
  
343  
00:13:31,290 --> 00:13:34,930  
那么麦冬，你甚至是咱们就讲条分缕析  
  
344  
00:13:35,170 --> 00:13:37,530  
温病有很多东西很细致的啊  
  
345  
00:13:37,530 --> 00:13:39,930  
你可别上来之后你觉得老师阴虚好了  
  
346  
00:13:40,250 --> 00:13:42,610  
百合沙参麦冬，这个这个这个  
  
347  
00:13:42,610 --> 00:13:44,370  
石膏水牛角全上  
  
348  
00:13:44,810 --> 00:13:46,090  
那不是他不是群殴  
  
349  
00:13:46,170 --> 00:13:47,090  
你明白这个道理吧  
  
350  
00:13:47,290 --> 00:13:48,760  
它很精道啊  
  
351  
00:13:48,800 --> 00:13:51,320  
你看无剧通，包括无剧通的那个温病条辨  
  
352  
00:13:52,450 --> 00:13:54,890  
他那里头有很多东西，用药非常非常精  
  
353  
00:13:55,290 --> 00:13:58,690  
某一个问题就是那么一个药，两味药啊  
  
354  
00:13:58,730 --> 00:14:00,930  
他定位都是定的，很准确的啊  
  
355  
00:14:02,220 --> 00:14:03,100  
这是做学问  
  
356  
00:14:03,460 --> 00:14:06,060  
因此这个我们说白头翁汤也是一样  
  
357  
00:14:06,060 --> 00:14:08,100  
白头翁本身他各司其职，对吧  
  
358  
00:14:08,780 --> 00:14:13,220  
白头翁振风风风怒啊阵风木，然后琴皮呢  
  
359  
00:14:13,300 --> 00:14:16,660  
以凉凉肝以缓肝气之疏泄  
  
360  
00:14:17,620 --> 00:14:19,180  
这就叫宽猛相济  
  
361  
00:14:20,050 --> 00:14:20,610  
对不对啊  
  
362  
00:14:20,610 --> 00:14:21,730  
你光去打他  
  
363  
00:14:21,730 --> 00:14:24,490  
你从外界你想，比如说你打下一个城池  
  
364  
00:14:24,530 --> 00:14:26,700  
你光从外界去攻击他  
  
365  
00:14:27,060 --> 00:14:28,620  
有可能人家叫困  
  
366  
00:14:28,660 --> 00:14:29,900  
做困兽之斗  
  
367  
00:14:30,760 --> 00:14:32,160  
破釜沉舟，背水一战  
  
368  
00:14:32,520 --> 00:14:35,440  
但是你在旁边一唱这个他家乡的歌谣  
  
369  
00:14:36,680 --> 00:14:38,600  
有可能人心从内部崩塌  
  
370  
00:14:39,640 --> 00:14:42,080  
所谓垓下之围，四面楚歌  
  
371  
00:14:42,880 --> 00:14:45,310  
这是上兵伐谋啊  
  
372  
00:14:45,550 --> 00:14:47,270  
攻心为上一个道理  
  
373  
00:14:47,550 --> 00:14:49,190  
那我们治病也是，你说我  
  
374  
00:14:49,190 --> 00:14:50,510  
我白头风治风木  
  
375  
00:14:50,510 --> 00:14:52,030  
我就一个白通风就够用了  
  
376  
00:14:52,440 --> 00:14:53,080  
够不够用  
  
377  
00:14:53,120 --> 00:14:54,280  
有的时候真够用  
  
378  
00:14:54,840 --> 00:14:56,800  
但是你把秦皮一加上来  
  
379  
00:14:57,590 --> 00:15:01,190  
把他的肝木的就是你没等它发动呢  
  
380  
00:15:01,190 --> 00:15:02,950  
让他就不想发动了  
  
381  
00:15:02,950 --> 00:15:03,470  
明白了吧  
  
382  
00:15:03,630 --> 00:15:06,780  
那这个时候他好的就怎么样，就更快啊  
  
383  
00:15:06,780 --> 00:15:08,380  
因此我们经常慨叹说  
  
384  
00:15:08,380 --> 00:15:10,140  
为什么经方虽然没几味药  
  
385  
00:15:10,340 --> 00:15:10,980  
但是好用  
  
386  
00:15:11,220 --> 00:15:13,300  
因为它的整个的逻辑结构  
  
387  
00:15:13,580 --> 00:15:16,220  
他的编辑非常的严谨啊  
  
388  
00:15:16,220 --> 00:15:17,580  
真的是非常的严谨啊  
  
389  
00:15:18,020 --> 00:15:19,260  
但是经方相对好学  
  
390  
00:15:19,660 --> 00:15:20,380  
十方难学  
  
391  
00:15:20,620 --> 00:15:21,860  
为什么经方  
  
392  
00:15:22,780 --> 00:15:26,220  
你只要是按照他这个范本要求去用  
  
393  
00:15:27,040 --> 00:15:29,920  
好好抓后代之十方  
  
394  
00:15:30,000 --> 00:15:33,200  
你不知道他那个因为十方概念太大了  
  
395  
00:15:33,800 --> 00:15:35,800  
它具体是哪一个源流  
  
396  
00:15:36,690 --> 00:15:37,530  
哪一个法脉  
  
397  
00:15:37,650 --> 00:15:38,450  
哪一个传承  
  
398  
00:15:39,090 --> 00:15:41,810  
他后头的底层逻辑和事法是什么  
  
399  
00:15:42,700 --> 00:15:43,020  
对吧  
  
400  
00:15:43,620 --> 00:15:45,340  
很容易断代，也不容易学  
  
401  
00:15:45,340 --> 00:15:46,300  
不容易理解  
  
402  
00:15:47,450 --> 00:15:47,650  
哎  
  
403  
00:15:48,050 --> 00:15:50,450  
就像你们也知道我妻子赵阳老师  
  
404  
00:15:50,610 --> 00:15:53,610  
他所传承的这一派跟经方不同，对吧  
  
405  
00:15:54,000 --> 00:15:56,040  
他看我看病的，经常就笑话我说  
  
406  
00:15:56,040 --> 00:15:57,520  
你看看病看太笨了  
  
407  
00:15:58,040 --> 00:15:59,910  
呃，有时候我也不服  
  
408  
00:15:59,950 --> 00:16:01,030  
后来发现不服不行  
  
409  
00:16:01,350 --> 00:16:03,090  
确实，他有的时候吧  
  
410  
00:16:03,090 --> 00:16:05,330  
这个偷着他也读一点经方的书啊  
  
411  
00:16:05,690 --> 00:16:06,970  
我师父不让他看啊  
  
412  
00:16:06,970 --> 00:16:11,150  
就是因为你自己那东西你还没没成呢啊  
  
413  
00:16:11,270 --> 00:16:13,070  
但是有的时候忍不住他偷看两眼  
  
414  
00:16:13,390 --> 00:16:14,390  
偷看两眼之后呢  
  
415  
00:16:14,390 --> 00:16:15,750  
他有一回他感慨跟我说  
  
416  
00:16:15,750 --> 00:16:18,290  
就前几天还说经方太好学了  
  
417  
00:16:18,690 --> 00:16:23,610  
为什么你们这东西很多东西他告诉你，告诉太细了  
  
418  
00:16:24,590 --> 00:16:26,910  
你等他学那东西，他没有任何方歌  
  
419  
00:16:26,950 --> 00:16:27,510  
你知道吗  
  
420  
00:16:28,430 --> 00:16:28,710  
对吧  
  
421  
00:16:28,710 --> 00:16:30,870  
他没有没有，包括没有成方  
  
422  
00:16:32,030 --> 00:16:34,030  
但是你看人家患者量比我还大，对吧  
  
423  
00:16:34,430 --> 00:16:34,630  
哎  
  
424  
00:16:34,630 --> 00:16:36,030  
包括效果和反应  
  
425  
00:16:36,310 --> 00:16:37,550  
包括一些疑难的问题  
  
426  
00:16:37,870 --> 00:16:38,710  
反响非常好  
  
427  
00:16:38,950 --> 00:16:39,510  
为什么  
  
428  
00:16:39,730 --> 00:16:40,810  
这就是做学问啊  
  
429  
00:16:41,210 --> 00:16:44,410  
你那个东西以前我们认为就是，呃  
  
430  
00:16:44,650 --> 00:16:46,170  
因为我是接触这个  
  
431  
00:16:46,170 --> 00:16:47,330  
这个师承比较早啊  
  
432  
00:16:47,330 --> 00:16:49,930  
我知道有很多老师你要跟他说说  
  
433  
00:16:49,930 --> 00:16:53,450  
有的医学流派是没有方歌，没有方子的  
  
434  
00:16:53,450 --> 00:16:55,090  
他打死他都都不信  
  
435  
00:16:55,090 --> 00:16:56,210  
理解不了啊  
  
436  
00:16:56,210 --> 00:16:57,290  
你没方子你怎么看病  
  
437  
00:16:57,290 --> 00:16:57,890  
他就有啊  
  
438  
00:16:58,210 --> 00:17:00,140  
咱们从客观事实上，对吧  
  
439  
00:17:00,460 --> 00:17:01,340  
咱们看事实嘛  
  
440  
00:17:02,420 --> 00:17:03,580  
那么呃  
  
441  
00:17:04,950 --> 00:17:06,950  
经方相对来说就是有这个特点  
  
442  
00:17:06,950 --> 00:17:09,589  
他编辑很逻辑是很严谨  
  
443  
00:17:09,910 --> 00:17:11,470  
非常简单，也很直接  
  
444  
00:17:12,079 --> 00:17:14,800  
你其他学派，我们说学派大了  
  
445  
00:17:15,280 --> 00:17:16,319  
真的中国大了  
  
446  
00:17:16,319 --> 00:17:17,079  
历史大了  
  
447  
00:17:17,400 --> 00:17:19,480  
我们的东西也也也可以这么讲  
  
448  
00:17:19,480 --> 00:17:20,119  
仰之弥高  
  
449  
00:17:20,119 --> 00:17:20,680  
俯之弥坚  
  
450  
00:17:20,920 --> 00:17:21,760  
博大而精深  
  
451  
00:17:22,040 --> 00:17:24,240  
有很多东西是我们没见过的，也不理解的  
  
452  
00:17:24,730 --> 00:17:27,050  
我通常见到没见过和不理解的事吧  
  
453  
00:17:27,650 --> 00:17:29,690  
我都不敢多说啊  
  
454  
00:17:29,730 --> 00:17:30,090  
为什么  
  
455  
00:17:30,090 --> 00:17:31,690  
因为从小啊  
  
456  
00:17:31,730 --> 00:17:33,770  
咱们是我跟你讲，就有师承  
  
457  
00:17:33,770 --> 00:17:35,850  
没师承有一个区别，有师承的吧  
  
458  
00:17:36,290 --> 00:17:40,590  
从小上头总有个师傅盯着你看着你  
  
459  
00:17:40,590 --> 00:17:42,550  
告诉你，你别别狂啊你  
  
460  
00:17:42,550 --> 00:17:45,110  
你外头大了，我跟你讲啊  
  
461  
00:17:45,270 --> 00:17:48,070  
外头大了总有你，你你惹不起的啊  
  
462  
00:17:48,490 --> 00:17:50,770  
那你就知道了，这这这不不敢狂  
  
463  
00:17:50,850 --> 00:17:53,610  
那么有的时候一看到这东西我不懂，不懂也不敢否认  
  
464  
00:17:53,610 --> 00:17:56,640  
人家第一时间咱们是很谦卑的啊  
  
465  
00:17:56,640 --> 00:17:57,600  
你这东西咋回事啊  
  
466  
00:17:57,600 --> 00:17:58,080  
先看看  
  
467  
00:17:58,280 --> 00:17:59,520  
也许也是江湖骗子  
  
468  
00:17:59,760 --> 00:18:00,800  
咱也碰见过，对吧  
  
469  
00:18:01,080 --> 00:18:03,600  
但是很多时候也许真是高人呢，啊  
  
470  
00:18:04,200 --> 00:18:07,140  
那么你如果是鼻孔朝天  
  
471  
00:18:07,260 --> 00:18:09,460  
一过去失之交臂啊  
  
472  
00:18:09,580 --> 00:18:10,780  
不能不能凹啊  
  
473  
00:18:10,780 --> 00:18:13,600  
这个时候都是要要多学习啊  
  
474  
00:18:13,840 --> 00:18:16,400  
咱们经方学经方其实很简单，很幸福  
  
475  
00:18:16,720 --> 00:18:18,120  
你这东西次第很严谨  
  
476  
00:18:18,160 --> 00:18:19,080  
你可以看的书  
  
477  
00:18:19,440 --> 00:18:23,730  
可以看的资料，可以参考的东西也很丰富很详实啊  
  
478  
00:18:23,730 --> 00:18:26,450  
有很多东西你你换句话说，就像我妻子说的  
  
479  
00:18:26,450 --> 00:18:28,850  
他有抓手，是不是你不让他学  
  
480  
00:18:28,850 --> 00:18:31,090  
有的东西他没有，没没地方可抓你怎么办  
  
481  
00:18:31,090 --> 00:18:31,330  
啊  
  
482  
00:18:32,550 --> 00:18:34,630  
所以这个呢，就是白头翁和琴皮的搭配  
  
483  
00:18:34,750 --> 00:18:36,910  
至于连部啊，这个就比较简单  
  
484  
00:18:37,110 --> 00:18:39,230  
首先我们说烽火相执嘛，对不对啊  
  
485  
00:18:39,680 --> 00:18:41,560  
寒湿相构，烽火相执  
  
486  
00:18:42,510 --> 00:18:43,710  
那么风和火在一起  
  
487  
00:18:44,070 --> 00:18:46,670  
你把风给他止住之后，你也要把火看住  
  
488  
00:18:46,990 --> 00:18:50,680  
不让它有这个死灰复燃之余啊  
  
489  
00:18:51,110 --> 00:18:52,630  
那火用谁用莲钵  
  
490  
00:18:52,710 --> 00:18:53,470  
为什么用莲簸  
  
491  
00:18:53,470 --> 00:18:56,510  
因为莲簸苦并且苦以兼阴  
  
492  
00:18:56,870 --> 00:18:58,930  
以后肠胃没错吧  
  
493  
00:18:59,210 --> 00:19:01,610  
他能能兼阴后长  
  
494  
00:19:02,860 --> 00:19:04,300  
那这个块的话，呃  
  
495  
00:19:04,540 --> 00:19:06,980  
清气湿热在这就很恰当了啊  
  
496  
00:19:07,380 --> 00:19:08,140  
非常恰当  
  
497  
00:19:09,760 --> 00:19:13,440  
所以这是白头翁的一个呃，全体全用  
  
498  
00:19:15,380 --> 00:19:15,940  
后面呢  
  
499  
00:19:15,980 --> 00:19:19,100  
原文第44条栀子豆豉汤  
  
500  
00:19:20,180 --> 00:19:21,380  
呃，这个里面呢  
  
501  
00:19:23,010 --> 00:19:25,290  
这个原文跟伤寒之中的吧  
  
502  
00:19:25,290 --> 00:19:26,980  
也比较接近，呃  
  
503  
00:19:27,140 --> 00:19:29,300  
夏历之后，但他都是从夏利开始的啊  
  
504  
00:19:29,700 --> 00:19:30,740  
夏利之后怎么办呢  
  
505  
00:19:30,740 --> 00:19:32,110  
叫庚繁啊  
  
506  
00:19:32,150 --> 00:19:32,710  
又心烦了  
  
507  
00:19:32,710 --> 00:19:33,430  
烦了之后怎么办  
  
508  
00:19:33,430 --> 00:19:34,350  
一按啊  
  
509  
00:19:34,350 --> 00:19:36,110  
心下软这种为虚烦液  
  
510  
00:19:36,580 --> 00:19:38,340  
其实我现在是明白了啊  
  
511  
00:19:38,380 --> 00:19:40,020  
你心下按不按都行  
  
512  
00:19:40,020 --> 00:19:43,300  
我在门诊上我从来也不给患者那个做复诊  
  
513  
00:19:43,640 --> 00:19:44,800  
复诊是好东西啊  
  
514  
00:19:44,800 --> 00:19:48,560  
我曾经讲伤寒的时候也给你们呃推荐过，对吧  
  
515  
00:19:49,000 --> 00:19:49,280  
哎  
  
516  
00:19:49,280 --> 00:19:50,960  
包括这个日本人搞得很精  
  
517  
00:19:51,400 --> 00:19:55,370  
有一些书比如复正，其览很多啊  
  
518  
00:19:55,450 --> 00:19:57,170  
他有一些关于复正记载  
  
519  
00:19:57,210 --> 00:19:59,290  
你们我我是鼓励大家去看的  
  
520  
00:19:59,730 --> 00:19:59,930  
呃  
  
521  
00:19:59,970 --> 00:20:04,060  
我之所以不用呢，是因为我主要是用脉相一样  
  
522  
00:20:04,060 --> 00:20:05,980  
我就你换句话说，你用什么用  
  
523  
00:20:05,980 --> 00:20:07,140  
顺手了就行  
  
524  
00:20:07,960 --> 00:20:12,120  
就像是拍照，没有人规定拍照一定非得用相机  
  
525  
00:20:13,020 --> 00:20:13,820  
有的时候呢  
  
526  
00:20:13,820 --> 00:20:15,580  
你说我，我用手机  
  
527  
00:20:16,140 --> 00:20:17,180  
我习惯了  
  
528  
00:20:18,120 --> 00:20:18,440  
对吧  
  
529  
00:20:18,680 --> 00:20:21,360  
那那那你你你愿意用啥用啥啊  
  
530  
00:20:21,960 --> 00:20:23,400  
虽然是手机分辨率  
  
531  
00:20:23,400 --> 00:20:26,880  
咱们说各方面，你跟专业摄影它肯定是天差地别  
  
532  
00:20:27,120 --> 00:20:28,320  
它不一样是不是  
  
533  
00:20:28,680 --> 00:20:30,880  
但是我们说尺有所短，寸有所长嘛  
  
534  
00:20:31,160 --> 00:20:32,040  
手机方便啊  
  
535  
00:20:32,040 --> 00:20:35,330  
到哪兜里拿啪一张我我功能，对吧  
  
536  
00:20:35,370 --> 00:20:36,850  
我自己，我知道我要干啥  
  
537  
00:20:36,890 --> 00:20:38,010  
这是最重要的  
  
538  
00:20:38,690 --> 00:20:40,770  
包括复证也好，其他侦查也罢  
  
539  
00:20:41,010 --> 00:20:42,490  
你不是为了做这个检查  
  
540  
00:20:42,490 --> 00:20:45,050  
而是知道你自己知道你要去干什么  
  
541  
00:20:45,050 --> 00:20:45,930  
你复正是干什么  
  
542  
00:20:45,930 --> 00:20:47,930  
你看里头的虚实是不是  
  
543  
00:20:48,890 --> 00:20:49,650  
知虚实  
  
544  
00:20:50,090 --> 00:20:53,100  
知阴阳，知表里知部位  
  
545  
00:20:53,460 --> 00:20:54,940  
你你是要干什么  
  
546  
00:20:55,180 --> 00:20:56,620  
那么我用这个可以干  
  
547  
00:20:56,620 --> 00:20:57,780  
我用麦不能干吗  
  
548  
00:20:58,240 --> 00:20:59,280  
那不也一个道理吗  
  
549  
00:20:59,320 --> 00:21:01,240  
我用色诊我不能干嘛，对吧  
  
550  
00:21:01,520 --> 00:21:06,140  
所以你你不是说我们要任何东西不能迷信啊  
  
551  
00:21:07,260 --> 00:21:08,340  
你说啊，我老师  
  
552  
00:21:08,620 --> 00:21:13,770  
我老师可能相对于擅长色诊是那个那个脉诊对吧  
  
553  
00:21:14,210 --> 00:21:16,690  
然后我就必须得学这俩啊  
  
554  
00:21:16,690 --> 00:21:18,170  
你不要跟我提别的复诊  
  
555  
00:21:18,170 --> 00:21:20,650  
什么东西我不看，那你就叫什么叫迷信  
  
556  
00:21:21,290 --> 00:21:24,290  
就像你老师他愿意骑自行车  
  
557  
00:21:25,350 --> 00:21:26,830  
那你开车不能去吗  
  
558  
00:21:27,510 --> 00:21:28,910  
你骑电瓶车不行吗  
  
559  
00:21:29,760 --> 00:21:30,080  
对吧  
  
560  
00:21:30,560 --> 00:21:31,880  
不要迷信啊  
  
561  
00:21:31,880 --> 00:21:34,000  
就任何时候我们知道我们要去干什么  
  
562  
00:21:34,000 --> 00:21:36,760  
而不是怎么干啊，就是怎么干  
  
563  
00:21:36,760 --> 00:21:39,680  
这个东西都是可以调和的啊  
  
564  
00:21:40,080 --> 00:21:41,840  
那你老师一摸脉摸出来了  
  
565  
00:21:41,840 --> 00:21:43,440  
这里头有虚实，你摸不出来咋办  
  
566  
00:21:43,800 --> 00:21:48,010  
患者撂倒躺下我给你按一下肚子不也结了吗  
  
567  
00:21:48,410 --> 00:21:49,130  
一个道理吗  
  
568  
00:21:49,410 --> 00:21:51,290  
最后我们是为了解决问题啊  
  
569  
00:21:52,580 --> 00:21:53,300  
所以这块呢  
  
570  
00:21:54,060 --> 00:21:55,740  
虚凡你按不按  
  
571  
00:21:56,830 --> 00:21:58,550  
你重点是虚明白了吧  
  
572  
00:21:58,910 --> 00:21:59,110  
哎  
  
573  
00:21:59,110 --> 00:22:01,540  
有这种虚热，有这种虚热呢  
  
574  
00:22:01,580 --> 00:22:05,380  
那么相对来说这个我们就得把这虚热解决  
  
575  
00:22:05,420 --> 00:22:06,940  
要不然他就肯定会烦  
  
576  
00:22:07,580 --> 00:22:09,060  
呃，至于他的原因呢  
  
577  
00:22:10,080 --> 00:22:12,040  
我们之前讲过，呃  
  
578  
00:22:13,120 --> 00:22:15,040  
夏利也好，发汗也罢  
  
579  
00:22:15,560 --> 00:22:16,840  
它就会造成一个问题  
  
580  
00:22:16,960 --> 00:22:18,000  
水液就不足了  
  
581  
00:22:18,840 --> 00:22:20,240  
水液不足了之后呢  
  
582  
00:22:20,980 --> 00:22:23,860  
那么水液不能上继心火  
  
583  
00:22:25,020 --> 00:22:27,340  
则心阳孤悬于上  
  
584  
00:22:28,060 --> 00:22:28,900  
郁而化热  
  
585  
00:22:29,060 --> 00:22:30,500  
称之为热扰雄蛾  
  
586  
00:22:31,810 --> 00:22:32,490  
这个时候啊  
  
587  
00:22:33,450 --> 00:22:35,010  
就是用64卦来说  
  
588  
00:22:35,010 --> 00:22:38,900  
就是所谓的火水未济啊  
  
589  
00:22:39,540 --> 00:22:42,260  
那么火热在上一定做烦，那怎么办啊  
  
590  
00:22:42,260 --> 00:22:45,540  
栀子豆豉汤最为经典呃，栀子豉汤呢  
  
591  
00:22:45,540 --> 00:22:47,180  
它有一个原本的剂量  
  
592  
00:22:48,100 --> 00:22:51,860  
所谓之子14枚豆豉四葛啊  
  
593  
00:22:52,100 --> 00:22:53,260  
原文作相尺  
  
594  
00:22:54,810 --> 00:22:55,970  
为什么是这个数  
  
595  
00:22:56,450 --> 00:22:59,730  
你看我给大家讲过所谓地二生火  
  
596  
00:22:59,850 --> 00:23:02,290  
天七成之271 14对吧  
  
597  
00:23:02,690 --> 00:23:04,410  
四个就是二二得四  
  
598  
00:23:04,770 --> 00:23:07,770  
基本小学数学就解决了啊  
  
599  
00:23:08,010 --> 00:23:10,250  
小学数学就解决了，那么  
  
600  
00:23:11,900 --> 00:23:15,100  
其实你就不一定非得在临床上，我非得查14粒  
  
601  
00:23:16,070 --> 00:23:16,510  
啊哈  
  
602  
00:23:16,750 --> 00:23:18,550  
因为现在我们这说药房  
  
603  
00:23:18,550 --> 00:23:19,990  
尤其他是以克数吧  
  
604  
00:23:19,990 --> 00:23:21,630  
对吧，他他不是以个数为单位  
  
605  
00:23:22,110 --> 00:23:22,310  
额  
  
606  
00:23:22,630 --> 00:23:24,590  
除非你自己弄药  
  
607  
00:23:25,110 --> 00:23:26,350  
咱们就讲，呃  
  
608  
00:23:26,350 --> 00:23:28,830  
你在药房抓的话，你你没法控制药功  
  
609  
00:23:29,140 --> 00:23:30,020  
那你怎么办  
  
610  
00:23:30,120 --> 00:23:32,120  
这个东西我们就是一个取向  
  
611  
00:23:32,200 --> 00:23:34,040  
你明白他要干什么就行了  
  
612  
00:23:34,240 --> 00:23:37,760  
那你那你敢说我这么用栀子豆豉汤它就不好使吗  
  
613  
00:23:37,760 --> 00:23:38,160  
对吧  
  
614  
00:23:38,690 --> 00:23:41,290  
呃，当然我相信古人取向这种方法  
  
615  
00:23:41,330 --> 00:23:45,050  
可能这个就是在我们在情感上  
  
616  
00:23:45,050 --> 00:23:46,810  
认为它是应该是更好用的啊  
  
617  
00:23:47,130 --> 00:23:47,930  
这个一定是的  
  
618  
00:23:47,930 --> 00:23:53,990  
因为什么他这里头也包含一些像数里的一些东西啊  
  
619  
00:23:54,030 --> 00:23:59,460  
就是我们说呃不得否认确实是有一些量子物理  
  
620  
00:23:59,460 --> 00:24:00,220  
包括暗物质  
  
621  
00:24:00,380 --> 00:24:01,900  
它是从另一个层面来解释  
  
622  
00:24:01,900 --> 00:24:04,060  
这个宇宙的运行是不是那么古人  
  
623  
00:24:04,580 --> 00:24:04,780  
呃  
  
624  
00:24:04,980 --> 00:24:05,780  
总有些东西吧  
  
625  
00:24:05,780 --> 00:24:07,900  
我们不知道啊，不知道  
  
626  
00:24:07,900 --> 00:24:12,460  
但我们从情感上我是相信你按原方理理想化的应用  
  
627  
00:24:12,620 --> 00:24:14,450  
它肯定效果更好啊  
  
628  
00:24:14,450 --> 00:24:15,930  
但是我要承认  
  
629  
00:24:15,930 --> 00:24:20,070  
就是我到现在是没法到药房给他扒拉14粒  
  
630  
00:24:20,110 --> 00:24:20,990  
给他扒拉出来  
  
631  
00:24:21,110 --> 00:24:24,070  
这个我让药方药药房药工弄药  
  
632  
00:24:24,150 --> 00:24:25,350  
药工也做不到对吧  
  
633  
00:24:25,830 --> 00:24:29,430  
因为每每粒它最后结算你怎么办啊是吧  
  
634  
00:24:29,430 --> 00:24:31,910  
他每服药价钱都不一样了  
  
635  
00:24:31,990 --> 00:24:32,950  
克数不一样  
  
636  
00:24:34,150 --> 00:24:34,350  
好  
  
637  
00:24:34,350 --> 00:24:37,750  
这个就说完了，额后头  
  
638  
00:24:40,980 --> 00:24:42,380  
使这个通脉四逆汤  
  
639  
00:24:46,820 --> 00:24:50,540  
通脉四逆汤啊，也是咱们伤寒里头平移过来的  
  
640  
00:24:52,410 --> 00:24:55,650  
他讲的也是一个里寒外热的事  
  
641  
00:24:56,850 --> 00:24:59,930  
这个呢，没有我们伤寒论讲的细  
  
642  
00:25:00,830 --> 00:25:02,230  
我不给你念条文了  
  
643  
00:25:02,590 --> 00:25:05,670  
伤寒论里面后面有补充对不对啊  
  
644  
00:25:06,270 --> 00:25:07,750  
奇人面色赤还记得吧  
  
645  
00:25:08,230 --> 00:25:10,350  
面色赤加充九境啊  
  
646  
00:25:10,350 --> 00:25:13,570  
他有若干加减法，层层递进啊  
  
647  
00:25:13,650 --> 00:25:15,450  
腹痛了怎么办是吧  
  
648  
00:25:15,690 --> 00:25:17,330  
哎，立指卖不出怎么办  
  
649  
00:25:17,610 --> 00:25:19,130  
那么一样一样的给你  
  
650  
00:25:19,130 --> 00:25:20,690  
给你层层递进咽痛的  
  
651  
00:25:21,240 --> 00:25:21,440  
呃  
  
652  
00:25:21,560 --> 00:25:23,760  
我们这儿呢，这个就比较简单  
  
653  
00:25:24,120 --> 00:25:27,360  
它其实也就是为了合一个  
  
654  
00:25:27,600 --> 00:25:31,040  
就把这个夏利的这个主题给你合进来啊  
  
655  
00:25:31,040 --> 00:25:32,080  
为的就是这个事  
  
656  
00:25:33,230 --> 00:25:33,470  
额  
  
657  
00:25:34,190 --> 00:25:40,650  
那么别的就这就没啥了  
  
658  
00:25:40,690 --> 00:25:43,770  
我们接着往后看，这个后头有几个小方子啊  
  
659  
00:25:44,290 --> 00:25:45,130  
非常有意思  
  
660  
00:25:45,130 --> 00:25:45,890  
耐人寻味  
  
661  
00:25:46,830 --> 00:25:48,070  
呃，后头几个小方子  
  
662  
00:25:48,070 --> 00:25:50,310  
第一个呢是这个紫参汤  
  
663  
00:25:52,260 --> 00:25:55,870  
紫参汤啊，子参是什么  
  
664  
00:25:56,110 --> 00:25:58,790  
这个里头就是就是有有有争议  
  
665  
00:25:58,790 --> 00:25:59,670  
我给你讲讲啊  
  
666  
00:25:59,670 --> 00:26:00,750  
这个相当有意思  
  
667  
00:26:01,520 --> 00:26:02,600  
条纹非常简单  
  
668  
00:26:02,600 --> 00:26:04,200  
叫下痢肺痛  
  
669  
00:26:06,660 --> 00:26:10,340  
拉肚子，拉肚子与此同时怎么了呢  
  
670  
00:26:11,610 --> 00:26:13,090  
肺痛是啥痛啊  
  
671  
00:26:13,930 --> 00:26:14,410  
其实肺  
  
672  
00:26:14,930 --> 00:26:18,530  
我们说一般患者不会说我肺疼，患者是胸腔痛  
  
673  
00:26:18,530 --> 00:26:19,130  
是不是  
  
674  
00:26:19,590 --> 00:26:21,670  
如果是胸背侧痛  
  
675  
00:26:21,670 --> 00:26:25,670  
很多时候你得让他去查查心脏能不能是胸壁，对吧  
  
676  
00:26:26,270 --> 00:26:26,470  
哎  
  
677  
00:26:26,510 --> 00:26:27,550  
那大多数都是  
  
678  
00:26:27,830 --> 00:26:32,270  
但这个肺痛客观的讲，在哪会多见肺癌  
  
679  
00:26:33,600 --> 00:26:34,360  
唉，肺占位  
  
680  
00:26:35,120 --> 00:26:35,700  
呃呃  
  
681  
00:26:35,740 --> 00:26:40,130  
这个时候多见，我们有很多临床那个那个患者肺癌的第一枕啊  
  
682  
00:26:40,170 --> 00:26:41,250  
它就疼痛  
  
683  
00:26:41,250 --> 00:26:44,330  
疼痛之后我们一般药用上之后效果非常好  
  
684  
00:26:44,330 --> 00:26:45,330  
好多是第一枕  
  
685  
00:26:45,330 --> 00:26:47,130  
它那个疼痛就大为缓解啊  
  
686  
00:26:47,370 --> 00:26:48,210  
效果会很快  
  
687  
00:26:48,710 --> 00:26:50,670  
那么这个所谓肺痛啊  
  
688  
00:26:50,790 --> 00:26:53,750  
是古人是怎么理解它啊  
  
689  
00:26:55,000 --> 00:26:57,600  
呃，民国苏轼苏世平先生啊  
  
690  
00:26:57,760 --> 00:26:58,640  
他是这么解  
  
691  
00:26:58,760 --> 00:27:01,240  
认为这个长夜被剥  
  
692  
00:27:01,280 --> 00:27:02,640  
因为夏利夏利的原因  
  
693  
00:27:02,970 --> 00:27:03,170  
哎  
  
694  
00:27:03,170 --> 00:27:05,410  
他这个从这个也是阴阳动态的取向  
  
695  
00:27:05,410 --> 00:27:09,010  
这个说，我是借他这个说法给你诠释一下啊  
  
696  
00:27:09,390 --> 00:27:10,990  
那么什么叫肠液被波  
  
697  
00:27:10,990 --> 00:27:11,670  
就是你拉肚  
  
698  
00:27:11,670 --> 00:27:14,510  
拉肚之后，肠里的津液是不是少了  
  
699  
00:27:14,950 --> 00:27:17,190  
少了之后就燥了  
  
700  
00:27:17,190 --> 00:27:17,830  
燥了就热  
  
701  
00:27:18,030 --> 00:27:19,710  
其实就是阴少了，阳多了  
  
702  
00:27:20,550 --> 00:27:23,710  
阳多了之后，你看看他后头论述很细  
  
703  
00:27:24,020 --> 00:27:26,700  
说是热上破胃，胃液干渴  
  
704  
00:27:27,220 --> 00:27:28,900  
热上破肺，肺俞痹痛  
  
705  
00:27:29,260 --> 00:27:31,110  
呃没，其实可以简单一点  
  
706  
00:27:31,110 --> 00:27:34,230  
就是你下头的阴液少了之后，上头燥热就多了  
  
707  
00:27:34,430 --> 00:27:35,230  
燥热多了之后  
  
708  
00:27:35,550 --> 00:27:38,670  
热瘀作邪，火必克金  
  
709  
00:27:39,390 --> 00:27:41,430  
是不是这回事，火必行金  
  
710  
00:27:42,100 --> 00:27:46,260  
所以这个里头说的是肺有湿热的问题  
  
711  
00:27:47,120 --> 00:27:48,000  
你就得这么用  
  
712  
00:27:48,360 --> 00:27:50,000  
用这个汤叫紫参汤  
  
713  
00:27:50,000 --> 00:27:51,360  
我在这给你解释一下啊  
  
714  
00:27:52,000 --> 00:27:53,120  
这个必须得解释  
  
715  
00:27:53,120 --> 00:27:56,250  
要不然这条白讲，要不然你回去  
  
716  
00:28:02,980 --> 00:28:05,380  
你回去这这这这这条条你就白弄  
  
717  
00:28:08,200 --> 00:28:08,960  
紫参汤这个  
  
718  
00:28:08,960 --> 00:28:13,200  
就是我给大家推荐了一个可以治疗这个肺癌的  
  
719  
00:28:13,600 --> 00:28:14,680  
这么一个一个汤  
  
720  
00:28:14,840 --> 00:28:16,940  
我们门诊也天天用啊  
  
721  
00:28:16,980 --> 00:28:20,480  
但是说呢，这个咱们啊  
  
722  
00:28:20,480 --> 00:28:22,200  
我一会给你讲完了，你就明白了啊  
  
723  
00:28:22,200 --> 00:28:24,040  
你就明白咋回事了，呃  
  
724  
00:28:24,040 --> 00:28:27,040  
因为泽其汤里头也有自身啊  
  
725  
00:28:27,160 --> 00:28:27,960  
也有子辰啊  
  
726  
00:28:28,560 --> 00:28:31,560  
那么这个呃，但是关于它吧  
  
727  
00:28:32,840 --> 00:28:33,560  
这个东西啊  
  
728  
00:28:33,600 --> 00:28:34,160  
非常乱  
  
729  
00:28:34,240 --> 00:28:36,080  
就是子身到底是什么  
  
730  
00:28:44,960 --> 00:28:46,960  
子参到底是啥啊  
  
731  
00:28:47,440 --> 00:28:49,750  
关于这个，呃呃  
  
732  
00:28:49,870 --> 00:28:51,030  
就是我个人啊  
  
733  
00:28:51,110 --> 00:28:52,550  
相对来说，说句实话  
  
734  
00:28:52,590 --> 00:28:54,110  
我是比较幸福的  
  
735  
00:28:54,670 --> 00:28:55,670  
为什么那么说呢  
  
736  
00:28:56,270 --> 00:28:57,270  
我的工作吧  
  
737  
00:28:57,680 --> 00:29:00,200  
这个教书匠，其实现在很多临床医生嘛  
  
738  
00:29:00,200 --> 00:29:02,000  
他不不见得愿意干这个，对吧  
  
739  
00:29:02,320 --> 00:29:04,590  
现在干门诊本来压力就很大  
  
740  
00:29:04,590 --> 00:29:07,190  
你你在教书两边弄，现在其实挺累  
  
741  
00:29:07,190 --> 00:29:10,620  
而且在高校里头，我们这个这各种科研的压力啊  
  
742  
00:29:10,620 --> 00:29:11,780  
包包括很多东西啊  
  
743  
00:29:12,100 --> 00:29:13,540  
他就一般心力不够  
  
744  
00:29:13,820 --> 00:29:15,980  
但是呢，我是乐此不疲啊  
  
745  
00:29:15,980 --> 00:29:16,580  
为什么啊  
  
746  
00:29:16,860 --> 00:29:20,320  
因为在大学有一个好处就是，简直你要做学问  
  
747  
00:29:20,320 --> 00:29:21,560  
这就是天堂啊  
  
748  
00:29:21,600 --> 00:29:23,720  
为什么资源优化配置  
  
749  
00:29:24,320 --> 00:29:28,090  
我们不可能把所有东西我们都自己都会，对不对啊  
  
750  
00:29:28,090 --> 00:29:28,970  
那我不会咋办  
  
751  
00:29:28,970 --> 00:29:29,650  
我问呐  
  
752  
00:29:29,920 --> 00:29:32,280  
那你看这个东西不会那个东西不会我串门啊  
  
753  
00:29:32,280 --> 00:29:34,160  
那我们周围各个教研室是吧  
  
754  
00:29:34,160 --> 00:29:37,000  
都都是各位专家和老师们，包括老前辈  
  
755  
00:29:37,240 --> 00:29:38,040  
该问谁问谁  
  
756  
00:29:38,400 --> 00:29:40,240  
那么关于这个，我们眼巴前儿  
  
757  
00:29:40,240 --> 00:29:42,280  
我旁边就有药用植物学专家啊  
  
758  
00:29:42,280 --> 00:29:44,600  
之前给我们讲过课的朱建勋老师，对吧  
  
759  
00:29:44,830 --> 00:29:49,110  
那么我很早以前就跟他求证过这个资深，他到底是啥啊  
  
760  
00:29:49,150 --> 00:29:53,560  
今天给大家一个从药用植物学上最究竟的一个解释  
  
761  
00:29:53,960 --> 00:29:56,320  
呃，但但是还是我那句话啊  
  
762  
00:29:56,320 --> 00:29:57,440  
我说的不代表真理  
  
763  
00:29:57,440 --> 00:30:00,720  
只代表我目前所理解到的天花板啊  
  
764  
00:30:00,960 --> 00:30:01,840  
就这个呃  
  
765  
00:30:01,840 --> 00:30:04,240  
如实的告诉大家，子参是什么  
  
766  
00:30:04,320 --> 00:30:06,280  
首先子参就是子申  
  
767  
00:30:07,030 --> 00:30:07,710  
他不是别的  
  
768  
00:30:07,710 --> 00:30:08,790  
有很多人认为哎，子参  
  
769  
00:30:09,070 --> 00:30:10,870  
比如说当时择其汤的时候  
  
770  
00:30:10,870 --> 00:30:13,220  
有人认为子参是紫苑啊  
  
771  
00:30:13,300 --> 00:30:13,740  
对吧  
  
772  
00:30:20,880 --> 00:30:22,160  
认为子申是紫苑  
  
773  
00:30:23,280 --> 00:30:24,960  
额，这个对不对  
  
774  
00:30:25,160 --> 00:30:26,280  
首先他肯定不对  
  
775  
00:30:26,280 --> 00:30:28,730  
但是能不能这么用，能为什么  
  
776  
00:30:29,130 --> 00:30:29,330  
呃  
  
777  
00:30:29,330 --> 00:30:30,690  
我给你讲一下，你就明白了  
  
778  
00:30:30,690 --> 00:30:33,490  
子参这个药出自于神农本草经  
  
779  
00:30:34,140 --> 00:30:36,020  
它本身就给你讲了  
  
780  
00:30:36,060 --> 00:30:38,020  
他本身就主这个心腹积聚  
  
781  
00:30:38,780 --> 00:30:40,820  
而且能通九窍，利大小便  
  
782  
00:30:41,070 --> 00:30:43,110  
本身它就是有一个通下的作用  
  
783  
00:30:43,430 --> 00:30:44,590  
那么我们刚才说了  
  
784  
00:30:44,670 --> 00:30:48,170  
这个夏痢腹痛是由于夏利  
  
785  
00:30:48,290 --> 00:30:48,970  
他不是夏利  
  
786  
00:30:48,970 --> 00:30:49,970  
夏利说的不是夏利  
  
787  
00:30:50,170 --> 00:30:51,210  
夏利说的是什么  
  
788  
00:30:52,690 --> 00:30:53,530  
刚才跟上了吧  
  
789  
00:30:53,730 --> 00:30:54,970  
夏利说的不是夏利  
  
790  
00:30:55,290 --> 00:30:56,410  
夏利说的是什么  
  
791  
00:30:56,930 --> 00:30:57,130  
哎  
  
792  
00:30:57,810 --> 00:30:58,930  
夏利说的是阴亏  
  
793  
00:30:59,560 --> 00:31:01,880  
阴亏之后啥啥东西就多了  
  
794  
00:31:02,500 --> 00:31:03,820  
阳热就内结了吗  
  
795  
00:31:04,060 --> 00:31:08,420  
阳热内结，那么肺火清心这个思路咱们通路必须得搞清楚对不对  
  
796  
00:31:08,500 --> 00:31:10,660  
那么我用子辰是干什么  
  
797  
00:31:10,660 --> 00:31:13,260  
是把那个郁结给他透下去  
  
798  
00:31:14,240 --> 00:31:15,400  
紫苑有一个好处  
  
799  
00:31:15,600 --> 00:31:17,520  
虽然紫苑我们说它可以温肺  
  
800  
00:31:17,800 --> 00:31:19,000  
但是紫苑呢  
  
801  
00:31:19,000 --> 00:31:20,320  
它一样是下气的  
  
802  
00:31:21,370 --> 00:31:25,440  
包括你看我们的普化汤之中有紫苑，记得吧  
  
803  
00:31:25,800 --> 00:31:27,360  
普阿汤，紫苑是干什么的  
  
804  
00:31:27,720 --> 00:31:30,320  
润肺下气还能通便往下走  
  
805  
00:31:30,400 --> 00:31:31,720  
你要大便必须得通  
  
806  
00:31:32,200 --> 00:31:33,400  
得顺下去，对不对啊  
  
807  
00:31:33,440 --> 00:31:34,760  
这个结就透下去了  
  
808  
00:31:35,160 --> 00:31:36,440  
透下去之后呢  
  
809  
00:31:37,500 --> 00:31:39,100  
那么我们说呃  
  
810  
00:31:40,740 --> 00:31:41,940  
紫苑有这个作用  
  
811  
00:31:42,830 --> 00:31:43,470  
古代啊  
  
812  
00:31:43,470 --> 00:31:45,350  
那我们清代比如说陈修园先生  
  
813  
00:31:45,350 --> 00:31:47,510  
他们也有人认为说那子申没有了  
  
814  
00:31:47,830 --> 00:31:50,470  
子申没有了之后也找不到，不好考证  
  
815  
00:31:50,780 --> 00:31:54,360  
那么用什么也有人用桔梗带，你说有用吗  
  
816  
00:31:54,560 --> 00:31:55,640  
其实也能用  
  
817  
00:31:56,120 --> 00:31:57,640  
你只要明白他要干什么  
  
818  
00:31:57,640 --> 00:32:00,520  
对不对啊你杰哥，我临床也经常这么用  
  
819  
00:32:00,520 --> 00:32:03,600  
尽量大一点，咱们说是是是也能搞定啊  
  
820  
00:32:03,600 --> 00:32:07,280  
也能搞定那么这个呃  
  
821  
00:32:08,570 --> 00:32:10,570  
当然紫苑是其中一个替代品  
  
822  
00:32:10,810 --> 00:32:11,850  
还有一个替代品啊  
  
823  
00:32:11,850 --> 00:32:14,170  
就特别有意思了啊，就这个  
  
824  
00:32:18,320 --> 00:32:19,040  
叫红楼  
  
825  
00:32:22,720 --> 00:32:23,000  
呃  
  
826  
00:32:24,330 --> 00:32:26,490  
俗称七叶一枝花，对不对啊  
  
827  
00:32:26,960 --> 00:32:28,800  
有很多人认为，哎呃  
  
828  
00:32:29,000 --> 00:32:30,040  
紫参汤用的人不多  
  
829  
00:32:30,040 --> 00:32:32,360  
但是泽奇汤现在这个方子也挺火的，对不对  
  
830  
00:32:32,360 --> 00:32:34,240  
所以这几年京房热开始  
  
831  
00:32:34,240 --> 00:32:35,560  
很多人用泽奇汤啊  
  
832  
00:32:36,040 --> 00:32:39,360  
那用择一汤之后他就用切一枝花行不行也行  
  
833  
00:32:39,400 --> 00:32:41,280  
但是这俩东西不太一样  
  
834  
00:32:41,660 --> 00:32:44,620  
你要是看见那个东西实物啊，你就知道了  
  
835  
00:32:45,020 --> 00:32:47,250  
呃，这个重楼啊  
  
836  
00:32:47,330 --> 00:32:49,650  
你把它掰开之后，它里面那个颜色吧  
  
837  
00:32:49,930 --> 00:32:50,730  
它比较淡  
  
838  
00:32:53,420 --> 00:32:53,980  
它比较淡  
  
839  
00:32:54,980 --> 00:32:57,620  
但是为什么有人认为是切一枝花  
  
840  
00:32:57,980 --> 00:33:01,040  
是因为有一种药跟切一枝花  
  
841  
00:33:01,080 --> 00:33:04,080  
它俩重名，他俩都有一个别名叫重楼  
  
842  
00:33:05,450 --> 00:33:09,570  
我们中药乱就乱，在这就是有的时候长的形象差不多的吧  
  
843  
00:33:09,570 --> 00:33:13,330  
它也归类这种错综复杂的多层次的归类  
  
844  
00:33:13,800 --> 00:33:14,960  
有的时候就造成  
  
845  
00:33:15,480 --> 00:33:18,240  
就比如说你叫张弛，他也叫张弛  
  
846  
00:33:18,580 --> 00:33:19,980  
我就认为你俩是一个人了  
  
847  
00:33:20,300 --> 00:33:21,740  
我找张驰，其实我找你  
  
848  
00:33:21,740 --> 00:33:22,780  
结果我找的是他  
  
849  
00:33:22,940 --> 00:33:25,020  
你明白这个意思了，没有他俩重名  
  
850  
00:33:25,060 --> 00:33:26,500  
他俩都有一个名字叫重楼  
  
851  
00:33:27,510 --> 00:33:28,750  
但是他俩不是一个东西  
  
852  
00:33:29,470 --> 00:33:30,150  
这个东西是谁  
  
853  
00:33:30,230 --> 00:33:31,270  
这个东西就是子参  
  
854  
00:33:31,590 --> 00:33:33,190  
还有一个名字叫全身  
  
855  
00:33:40,600 --> 00:33:43,490  
拳头的拳明白了吧  
  
856  
00:33:44,250 --> 00:33:46,450  
掰开之后袜子袜子啊  
  
857  
00:33:46,770 --> 00:33:50,210  
那外头也是也是紫皮也是紫皮啊  
  
858  
00:33:50,810 --> 00:33:51,090  
呃  
  
859  
00:33:52,260 --> 00:33:56,000  
参的形状有这个东西它不是没有  
  
860  
00:33:56,000 --> 00:33:58,600  
但是呢，主要产地东北和西南  
  
861  
00:33:58,760 --> 00:34:01,290  
咱们这边也有，也也有啊  
  
862  
00:34:01,650 --> 00:34:02,530  
东北和西南  
  
863  
00:34:03,010 --> 00:34:03,290  
呃  
  
864  
00:34:03,770 --> 00:34:06,210  
而且一般是在高海拔高寒的地方  
  
865  
00:34:06,250 --> 00:34:07,450  
就是比较冷的地方  
  
866  
00:34:07,730 --> 00:34:08,489  
冷的地方呢  
  
867  
00:34:08,489 --> 00:34:13,000  
相对来说这个它的通的作用就会就会比较大  
  
868  
00:34:13,489 --> 00:34:14,050  
对不对啊  
  
869  
00:34:14,170 --> 00:34:17,570  
它相对来说它这个这个通的作用比较大  
  
870  
00:34:17,969 --> 00:34:21,530  
额，又能这个通淤啊  
  
871  
00:34:21,530 --> 00:34:25,780  
能逐瘀能下气啊，起这个作用  
  
872  
00:34:26,139 --> 00:34:29,500  
所以说子参咱们就把它呃就是捋回来  
  
873  
00:34:29,580 --> 00:34:32,340  
那么则其汤之中也用子参啊  
  
874  
00:34:32,380 --> 00:34:33,179  
也用子参  
  
875  
00:34:35,980 --> 00:34:36,179  
哎  
  
876  
00:34:36,179 --> 00:34:38,699  
就是这么这么一套体系啊  
  
877  
00:34:38,699 --> 00:34:39,980  
大家就捋清了  
  
878  
00:34:43,340 --> 00:34:43,540  
呃  
  
879  
00:34:45,060 --> 00:34:46,060  
这个紫参汤啊  
  
880  
00:34:46,060 --> 00:34:47,780  
实际上是跟后头  
  
881  
00:34:51,060 --> 00:34:52,380  
这个喝利乐散啊  
  
882  
00:34:52,860 --> 00:34:54,460  
他俩正好是一对  
  
883  
00:34:55,420 --> 00:34:56,580  
他俩正好是一对  
  
884  
00:34:57,500 --> 00:34:57,780  
呃  
  
885  
00:34:59,020 --> 00:35:01,780  
历代注家呢，也都是把他俩放在一块解释  
  
886  
00:35:01,860 --> 00:35:03,300  
你比如说俞家言先生  
  
887  
00:35:03,340 --> 00:35:05,980  
他就说了余嘉言论述这个是比较早的啊  
  
888  
00:35:06,360 --> 00:35:07,800  
他说呢，那个肠胃有病  
  
889  
00:35:08,360 --> 00:35:09,960  
其所关全在于肺  
  
890  
00:35:11,130 --> 00:35:14,970  
那么通阴通用，这个就是紫参汤  
  
891  
00:35:15,680 --> 00:35:18,040  
还有一个通色一起啊  
  
892  
00:35:18,080 --> 00:35:20,520  
就是通色兼顾的，那是谁  
  
893  
00:35:20,800 --> 00:35:21,560  
那就是赫利乐  
  
894  
00:35:21,720 --> 00:35:22,800  
我们看下一个啊  
  
895  
00:35:23,270 --> 00:35:24,630  
这个诃黎勒散  
  
896  
00:35:26,070 --> 00:35:26,790  
喝离了散  
  
897  
00:35:28,890 --> 00:35:31,170  
呃，这个条文就非常简单  
  
898  
00:35:31,490 --> 00:35:33,770  
就是俩字叫气力  
  
899  
00:35:35,180 --> 00:35:35,820  
气力吧  
  
900  
00:35:36,060 --> 00:35:39,460  
刚才跟我们说那个下力气他俩差不多，是不是  
  
901  
00:35:39,740 --> 00:35:44,460  
哎，症状相似就是屁多识少吧  
  
902  
00:35:44,460 --> 00:35:45,700  
我们可以这样去理解  
  
903  
00:35:46,660 --> 00:35:48,020  
呃，这种情况  
  
904  
00:35:50,190 --> 00:35:52,070  
那么它的原因是什么  
  
905  
00:35:52,150 --> 00:35:52,990  
原因是什么  
  
906  
00:35:53,670 --> 00:35:55,150  
呃，究其原因吧  
  
907  
00:35:55,190 --> 00:35:58,950  
我们说一个核心的问题，其实还是虚寒啊  
  
908  
00:36:01,900 --> 00:36:06,020  
虚寒虚寒症，那么如果是虚寒的话怎么办  
  
909  
00:36:09,300 --> 00:36:10,540  
温色宣通  
  
910  
00:36:12,330 --> 00:36:16,010  
就是我们讲这个通色并用吧啊  
  
911  
00:36:16,010 --> 00:36:17,890  
既有通因通用额  
  
912  
00:36:18,330 --> 00:36:21,370  
也有这个这个色长的作用在里头  
  
913  
00:36:21,370 --> 00:36:22,130  
因为你不色长  
  
914  
00:36:22,170 --> 00:36:23,370  
它下力啊，对不对啊  
  
915  
00:36:23,730 --> 00:36:25,170  
哎，你得指这个力啊  
  
916  
00:36:27,090 --> 00:36:27,970  
但是里头呢  
  
917  
00:36:27,970 --> 00:36:33,530  
由于有这个额虚寒造成的这个邪气的结聚  
  
918  
00:36:34,740 --> 00:36:36,180  
又得给他痛开  
  
919  
00:36:38,070 --> 00:36:38,270  
额  
  
920  
00:36:38,790 --> 00:36:41,830  
这一条吧，清代朱光贝先生  
  
921  
00:36:41,830 --> 00:36:45,490  
我认为他论述比较简当啊  
  
922  
00:36:45,490 --> 00:36:46,490  
就是非常简单  
  
923  
00:36:46,890 --> 00:36:47,770  
他讲这么一条  
  
924  
00:36:48,130 --> 00:36:48,650  
他这么说  
  
925  
00:36:48,850 --> 00:36:51,840  
说上一条肺气邪结而痛  
  
926  
00:36:51,880 --> 00:36:52,840  
上一条指的是谁啊  
  
927  
00:36:52,840 --> 00:36:54,080  
就是紫参汤，是不是啊  
  
928  
00:36:54,280 --> 00:36:54,480  
哎  
  
929  
00:36:54,480 --> 00:36:55,080  
邪结而痛  
  
930  
00:36:55,560 --> 00:36:57,600  
上一条肺气邪结而痛  
  
931  
00:36:58,100 --> 00:37:02,940  
此条肺气下脱而淡利啊  
  
932  
00:37:02,940 --> 00:37:04,820  
那么这个就是就是一个下脱之症  
  
933  
00:37:05,820 --> 00:37:06,020  
呃  
  
934  
00:37:06,060 --> 00:37:06,900  
他又说了一句话  
  
935  
00:37:06,900 --> 00:37:11,310  
叫喝离乐性色最能固气固主之  
  
936  
00:37:11,350 --> 00:37:15,430  
我认为啊，就是他这个说话就是一针见血啊  
  
937  
00:37:16,050 --> 00:37:17,530  
通色同用，通色同用  
  
938  
00:37:17,810 --> 00:37:18,530  
谁为重啊  
  
939  
00:37:18,610 --> 00:37:19,890  
色为重在这儿啊  
  
940  
00:37:19,930 --> 00:37:21,410  
我个人是这么理解  
  
941  
00:37:21,540 --> 00:37:24,340  
反正历史上两种观点我都给你拿出来了啊  
  
942  
00:37:24,420 --> 00:37:25,620  
一个是于佳言先生的  
  
943  
00:37:25,620 --> 00:37:27,410  
一个是珠光贝先生对吧  
  
944  
00:37:27,690 --> 00:37:29,690  
一个认为是同色同用的和黎乐散  
  
945  
00:37:30,090 --> 00:37:32,240  
还有一个呢认为抓主要矛盾  
  
946  
00:37:32,440 --> 00:37:37,770  
我个人相应来说我是更加倾向于后者啊  
  
947  
00:37:37,970 --> 00:37:41,250  
这个他俩之间他跟紫参汤就是一个对比啊  
  
948  
00:37:41,330 --> 00:37:42,490  
他俩之间就是一个对比  
  
949  
00:37:43,530 --> 00:37:43,810  
呃  
  
950  
00:37:44,560 --> 00:37:47,720  
但是有一个很有意思的现象，就是喝离乐  
  
951  
00:37:47,840 --> 00:37:51,640  
喝离乐这个词你是不是一听特别瘪嘴啊  
  
952  
00:37:52,440 --> 00:37:52,640  
啊  
  
953  
00:37:52,840 --> 00:37:53,840  
那为什么闭嘴  
  
954  
00:37:54,720 --> 00:37:57,760  
呃，我们考证了一些文献啊  
  
955  
00:37:58,830 --> 00:38:00,110  
认为这个呢  
  
956  
00:38:00,310 --> 00:38:01,990  
他应该是舶来品  
  
957  
00:38:02,030 --> 00:38:04,790  
有很多人认为说和礼乐来自于天竺  
  
958  
00:38:04,830 --> 00:38:05,750  
天竺是哪啊  
  
959  
00:38:06,480 --> 00:38:08,320  
从从不不不是别瞎说  
  
960  
00:38:08,320 --> 00:38:09,240  
印度嘛，对吧  
  
961  
00:38:09,240 --> 00:38:10,920  
古印度从那边来的  
  
962  
00:38:10,920 --> 00:38:12,520  
从西域西域过来的啊  
  
963  
00:38:13,130 --> 00:38:17,060  
呃，那么有一有一部经典啊  
  
964  
00:38:17,060 --> 00:38:18,540  
有一部经典，呃  
  
965  
00:38:19,340 --> 00:38:20,980  
是苏世平先生  
  
966  
00:38:20,980 --> 00:38:24,760  
这个金匮真义中引翻译名义集  
  
967  
00:38:24,840 --> 00:38:26,120  
翻译名义集是谁写的呢  
  
968  
00:38:26,120 --> 00:38:26,800  
南宋啊  
  
969  
00:38:27,400 --> 00:38:31,820  
有一位这个法师号法云啊  
  
970  
00:38:31,860 --> 00:38:32,900  
在景德寺  
  
971  
00:38:33,060 --> 00:38:36,020  
景德寺啊，有这么一位法云法云禅师  
  
972  
00:38:36,520 --> 00:38:36,720  
呃  
  
973  
00:38:37,080 --> 00:38:37,560  
他呢  
  
974  
00:38:37,560 --> 00:38:42,040  
在这个翻译名义集之中就翻译翻译过来，对吧  
  
975  
00:38:42,400 --> 00:38:47,110  
名名字和E就是EE的E呃  
  
976  
00:38:47,310 --> 00:38:48,270  
一撇一捺一点  
  
977  
00:38:48,270 --> 00:38:53,320  
那个艺名义集之中有这么一段论述  
  
978  
00:38:54,040 --> 00:38:58,240  
诃黎勒即华严天主持来，这啥意思  
  
979  
00:38:58,240 --> 00:39:01,640  
他这个就涉及到一些这个宗教术语啦  
  
980  
00:39:02,200 --> 00:39:06,590  
呃，总之就是说这个还是倾向于是舶来品  
  
981  
00:39:06,990 --> 00:39:09,590  
那么为啥喝利乐后来不叫赫利乐  
  
982  
00:39:09,590 --> 00:39:13,140  
他中间说一个东西非常有新意啊  
  
983  
00:39:13,140 --> 00:39:14,740  
这也之所以给大家引一下  
  
984  
00:39:15,100 --> 00:39:16,900  
后头说了句话，叫后赵时  
  
985  
00:39:17,700 --> 00:39:19,300  
咱们知道后赵，对吧  
  
986  
00:39:20,310 --> 00:39:21,750  
这个，呃  
  
987  
00:39:22,830 --> 00:39:25,110  
所谓这个这个五胡乱华嘛  
  
988  
00:39:25,190 --> 00:39:25,750  
咱们说啊  
  
989  
00:39:25,790 --> 00:39:26,910  
那个时候哎  
  
990  
00:39:27,110 --> 00:39:29,840  
后赵时因必避谁呢  
  
991  
00:39:29,840 --> 00:39:31,160  
叫石勒啊  
  
992  
00:39:31,160 --> 00:39:33,080  
咱们说后赵政权啊  
  
993  
00:39:33,680 --> 00:39:35,640  
这个因避石勒之会  
  
994  
00:39:36,320 --> 00:39:37,840  
所以这个乐字就不能用了吧  
  
995  
00:39:38,440 --> 00:39:38,640  
啊  
  
996  
00:39:39,640 --> 00:39:41,080  
改称改成什么  
  
997  
00:39:41,080 --> 00:39:43,630  
改成喝字啊  
  
998  
00:39:43,670 --> 00:39:45,430  
从那个时候改的，改成合子  
  
999  
00:39:46,270 --> 00:39:46,470  
嗯  
  
1000  
00:39:46,950 --> 00:39:49,510  
因此这个为啥要提一下这个事啊  
  
1001  
00:39:53,170 --> 00:39:54,210  
很多住家啊  
  
1002  
00:39:54,250 --> 00:39:55,450  
他就不是一个两个了  
  
1003  
00:39:55,930 --> 00:40:00,520  
认为说喝离乐散，宜非仲景方  
  
1004  
00:40:00,520 --> 00:40:02,040  
你看就是，啊对对对  
  
1005  
00:40:02,040 --> 00:40:03,760  
这个我们书书书里也这么写啊  
  
1006  
00:40:04,080 --> 00:40:05,820  
叫宜非仲景方，呃  
  
1007  
00:40:05,980 --> 00:40:07,140  
从这个角度来说  
  
1008  
00:40:07,220 --> 00:40:11,020  
其实说句实话，这个可以把那一字就去掉了  
  
1009  
00:40:11,100 --> 00:40:12,940  
这个肯定它不是重点方啊  
  
1010  
00:40:13,260 --> 00:40:17,660  
因为仲景那个时候他咱们说凿开西域  
  
1011  
00:40:17,820 --> 00:40:19,820  
你你你你你你你从那边  
  
1012  
00:40:20,490 --> 00:40:22,330  
呃，这个这亨利勒斯  
  
1013  
00:40:23,670 --> 00:40:24,990  
有点难知道吧  
  
1014  
00:40:24,990 --> 00:40:27,830  
就是这个当时是是是有有难度的  
  
1015  
00:40:27,830 --> 00:40:29,430  
就从天竺过来比较难  
  
1016  
00:40:29,630 --> 00:40:34,020  
那个时候他到这个这个我们说西域  
  
1017  
00:40:34,060 --> 00:40:38,200  
它也指的就是我们今天甘肃天水张掖啊  
  
1018  
00:40:38,240 --> 00:40:40,640  
就就就就这一片这一条线嘛  
  
1019  
00:40:40,640 --> 00:40:43,240  
我们说，呃丝丝绸之路这条线  
  
1020  
00:40:43,800 --> 00:40:44,000  
呃  
  
1021  
00:40:44,360 --> 00:40:46,120  
你想走到印度吧  
  
1022  
00:40:46,160 --> 00:40:47,880  
这个是有难度  
  
1023  
00:40:47,920 --> 00:40:49,280  
但也不是不一定没有啊  
  
1024  
00:40:49,280 --> 00:40:50,760  
当年汉代白马寺对吧  
  
1025  
00:40:50,760 --> 00:40:52,550  
他也是白马脱经啊  
  
1026  
00:40:52,550 --> 00:40:54,150  
42章经那么来的嘛  
  
1027  
00:40:54,670 --> 00:40:54,870  
呃  
  
1028  
00:40:55,270 --> 00:41:00,150  
所以这个是仲景方的面比较小  
  
1029  
00:41:00,890 --> 00:41:01,930  
咱们实话实说啊  
  
1030  
00:41:01,970 --> 00:41:03,090  
这个面比较小  
  
1031  
00:41:04,860 --> 00:41:05,740  
呃，但不重要  
  
1032  
00:41:05,860 --> 00:41:08,460  
我认为能写在伤寒金匮之中的方  
  
1033  
00:41:08,860 --> 00:41:11,020  
他到底是不是正经方  
  
1034  
00:41:11,020 --> 00:41:12,540  
其实这个不是特别重要  
  
1035  
00:41:12,740 --> 00:41:14,820  
能写进来他一定是有本领的啊  
  
1036  
00:41:15,260 --> 00:41:16,460  
他一定是有原因的  
  
1037  
00:41:16,760 --> 00:41:17,560  
那么核子呢  
  
1038  
00:41:17,560 --> 00:41:19,680  
本身他就是有这个温色之性  
  
1039  
00:41:19,840 --> 00:41:21,440  
我们临床之中，呃  
  
1040  
00:41:21,840 --> 00:41:26,310  
那么也是也是一个喜闻乐见的11111个药啊  
  
1041  
00:41:28,920 --> 00:41:29,120  
额  
  
1042  
00:41:30,080 --> 00:41:32,440  
那么后面呢，有两张复方  
  
1043  
00:41:33,610 --> 00:41:36,450  
一个是这个千金易的这个小城器  
  
1044  
00:41:36,530 --> 00:41:38,130  
其实就是就是小成鸡汤啊  
  
1045  
00:41:38,920 --> 00:41:39,120  
呃  
  
1046  
00:41:39,320 --> 00:41:41,200  
他说一个事，儿治什么呢  
  
1047  
00:41:41,200 --> 00:41:44,480  
治大便不通，曰朔沾语  
  
1048  
00:41:45,610 --> 00:41:47,690  
呃，实际上一般来说啊  
  
1049  
00:41:48,050 --> 00:41:50,370  
一般来说偶冶之症  
  
1050  
00:41:50,730 --> 00:41:52,170  
不建议用宫下之法  
  
1051  
00:41:53,370 --> 00:41:55,450  
因为他的胃气上逆是不是啊  
  
1052  
00:41:55,730 --> 00:41:58,610  
但是这里头就是说我们学方啊  
  
1053  
00:41:59,030 --> 00:42:00,990  
我们过去开玩笑说这学方好  
  
1054  
00:42:00,990 --> 00:42:02,230  
孩子不能给学傻了  
  
1055  
00:42:03,390 --> 00:42:04,270  
就这个道理  
  
1056  
00:42:05,300 --> 00:42:07,180  
我说了，一般你别走这个门  
  
1057  
00:42:07,700 --> 00:42:09,180  
那万一家着火了  
  
1058  
00:42:09,180 --> 00:42:10,140  
这个门能不能走  
  
1059  
00:42:10,810 --> 00:42:13,130  
抓主要矛盾这个大家明白了吧  
  
1060  
00:42:13,530 --> 00:42:18,340  
就是抓主要矛盾就是火都烧眉毛了，你就别管别的了  
  
1061  
00:42:18,580 --> 00:42:20,380  
这个时候先把它吞下去再说  
  
1062  
00:42:20,380 --> 00:42:21,140  
都已经沾雨了  
  
1063  
00:42:21,140 --> 00:42:21,980  
那你说，哎呀不行  
  
1064  
00:42:22,180 --> 00:42:24,500  
偶语不能下礼让你，你咋办  
  
1065  
00:42:24,500 --> 00:42:26,250  
你等着，你等着你这玩意儿  
  
1066  
00:42:26,250 --> 00:42:27,210  
你行吗  
  
1067  
00:42:27,730 --> 00:42:28,450  
咱们说下  
  
1068  
00:42:29,810 --> 00:42:30,850  
抓主要矛盾啊  
  
1069  
00:42:30,970 --> 00:42:31,810  
所有的时候  
  
1070  
00:42:32,380 --> 00:42:32,580  
呃  
  
1071  
00:42:32,740 --> 00:42:34,300  
最后呢，有一张小方啊  
  
1072  
00:42:34,300 --> 00:42:35,980  
这张小方比较耐人寻味  
  
1073  
00:42:36,540 --> 00:42:39,220  
呃，是外台的叫黄琴汤  
  
1074  
00:42:39,820 --> 00:42:41,740  
我们伤寒论中有黄金堂，对吧  
  
1075  
00:42:42,180 --> 00:42:42,380  
哎  
  
1076  
00:42:42,460 --> 00:42:47,200  
在这个所谓太阳与少阳合并，必自下利吧  
  
1077  
00:42:47,600 --> 00:42:47,800  
哎  
  
1078  
00:42:47,800 --> 00:42:49,960  
那么这个时候黄金档主持啊，呃  
  
1079  
00:42:50,500 --> 00:42:51,140  
这个不下利  
  
1080  
00:42:51,140 --> 00:42:53,940  
但呕者，黄金加半夏汤这个呢  
  
1081  
00:42:53,940 --> 00:42:55,020  
说的是干呕夏利  
  
1082  
00:42:55,730 --> 00:42:57,250  
貌似从症状上看  
  
1083  
00:42:57,330 --> 00:43:00,810  
跟黄芪加半夏汤其实就有点接近了  
  
1084  
00:43:01,250 --> 00:43:03,370  
但是你看它的组成啊  
  
1085  
00:43:03,370 --> 00:43:03,970  
很有意思  
  
1086  
00:43:04,400 --> 00:43:05,920  
我们说黄芪汤的组成  
  
1087  
00:43:06,000 --> 00:43:07,360  
伤寒论中黄金汤组成呢  
  
1088  
00:43:07,840 --> 00:43:08,120  
呃  
  
1089  
00:43:09,010 --> 00:43:10,970  
他基本上等同桂枝汤  
  
1090  
00:43:10,970 --> 00:43:12,370  
但是把桂枝汤去掉了  
  
1091  
00:43:13,290 --> 00:43:13,810  
是不是啊  
  
1092  
00:43:14,210 --> 00:43:16,890  
又去掉了生姜，就去掉了温热的药换黄芪  
  
1093  
00:43:17,560 --> 00:43:20,840  
相当于这个芍药酸黄辛苦  
  
1094  
00:43:21,360 --> 00:43:26,000  
酸苦和这个甘草苦甘酸甘化阴  
  
1095  
00:43:27,050 --> 00:43:27,410  
对吧  
  
1096  
00:43:27,650 --> 00:43:28,490  
再加大枣啊  
  
1097  
00:43:28,490 --> 00:43:30,290  
酸甘化阴，再以大枣滋润  
  
1098  
00:43:30,450 --> 00:43:31,730  
这么一个方法比较简单  
  
1099  
00:43:32,090 --> 00:43:38,030  
但是这一张方的方的结构相对来说就较为复杂啊  
  
1100  
00:43:38,070 --> 00:43:39,350  
相对来说就较为复杂  
  
1101  
00:43:40,770 --> 00:43:40,970  
呃  
  
1102  
00:43:41,290 --> 00:43:43,330  
你乍一看去啊  
  
1103  
00:43:44,390 --> 00:43:47,270  
他跟谁就比较接近了呢  
  
1104  
00:43:48,710 --> 00:43:52,990  
半夏泻心汤发现了没有差异，为什么  
  
1105  
00:43:54,660 --> 00:43:55,300  
多了个啥  
  
1106  
00:43:56,660 --> 00:43:57,620  
比半夏齐心  
  
1107  
00:43:58,780 --> 00:43:58,980  
哎  
  
1108  
00:43:59,140 --> 00:44:00,380  
这一眼就来了，对吧  
  
1109  
00:44:00,420 --> 00:44:01,660  
他那个那个  
  
1110  
00:44:02,660 --> 00:44:03,660  
你看明显啊  
  
1111  
00:44:03,820 --> 00:44:06,750  
首先是多了一个桂枝，哎  
  
1112  
00:44:06,750 --> 00:44:07,510  
多了一个规制  
  
1113  
00:44:08,390 --> 00:44:10,150  
呃，半夏泻心里头不能有  
  
1114  
00:44:13,200 --> 00:44:15,560  
那么其他的这个组成  
  
1115  
00:44:16,600 --> 00:44:17,800  
你看这个是几位啊  
  
1116  
00:44:17,840 --> 00:44:20,360  
同学们六位吧，少了个谁  
  
1117  
00:44:22,140 --> 00:44:22,420  
呃  
  
1118  
00:44:24,020 --> 00:44:26,660  
其实少俩少俩，呃  
  
1119  
00:44:27,260 --> 00:44:28,660  
在我我看啊  
  
1120  
00:44:29,610 --> 00:44:32,290  
比如说黄连换成了硅脂  
  
1121  
00:44:32,730 --> 00:44:33,290  
假设啊  
  
1122  
00:44:33,570 --> 00:44:35,770  
他去黄连加硅脂，对吧  
  
1123  
00:44:36,490 --> 00:44:38,520  
然后没有甘草啊  
  
1124  
00:44:38,520 --> 00:44:40,100  
没有甘草，呃  
  
1125  
00:44:40,180 --> 00:44:43,380  
那么这个方呢，就不大啊  
  
1126  
00:44:43,460 --> 00:44:48,300  
但是它的这个方译几乎我们也可以理解为，呃  
  
1127  
00:44:49,500 --> 00:44:52,010  
半夏泻心汤的一个加减侏儒  
  
1128  
00:44:52,010 --> 00:44:54,090  
这种带法其实在历史上也有  
  
1129  
00:44:54,170 --> 00:44:56,690  
你比如说我们伤寒中就有伤寒，有这个黄连汤  
  
1130  
00:44:57,290 --> 00:44:59,170  
黄连汤也是去黄连加桂枝  
  
1131  
00:45:00,090 --> 00:45:01,850  
这个是一模一样的  
  
1132  
00:45:02,210 --> 00:45:04,490  
但是黄连汤主要治的是什么  
  
1133  
00:45:05,250 --> 00:45:08,210  
这个呕在呕吐的时候有什么  
  
1134  
00:45:08,210 --> 00:45:08,850  
有腹痛  
  
1135  
00:45:10,020 --> 00:45:13,260  
我们说胸中有邪气，对吧  
  
1136  
00:45:13,380 --> 00:45:14,580  
腹中痛欲呕  
  
1137  
00:45:15,020 --> 00:45:15,820  
那个用黄连汤  
  
1138  
00:45:16,180 --> 00:45:19,540  
这个呢，是突出了夏利之症啊  
  
1139  
00:45:19,540 --> 00:45:20,380  
突出了夏利之症  
  
1140  
00:45:20,860 --> 00:45:22,380  
剪掉了甘草  
  
1141  
00:45:23,660 --> 00:45:28,630  
所以有的时候吧，我们总是说这个尽量还是不愿意以方测证  
  
1142  
00:45:28,950 --> 00:45:30,270  
但是为啥乙方测证  
  
1143  
00:45:30,310 --> 00:45:32,510  
因为有的时候他那个方啊  
  
1144  
00:45:33,000 --> 00:45:34,680  
你要不然你就说它脱检了  
  
1145  
00:45:35,360 --> 00:45:37,680  
正常呕吐，包括夏利  
  
1146  
00:45:37,960 --> 00:45:39,840  
其实用甘草是可以的  
  
1147  
00:45:40,880 --> 00:45:43,160  
那为什么把甘草又拿掉  
  
1148  
00:45:43,520 --> 00:45:46,920  
我认为还是我们刚才说的变量的关系  
  
1149  
00:45:47,360 --> 00:45:49,160  
那么说明这个时候这个人啊  
  
1150  
00:45:49,440 --> 00:45:50,200  
你就看吧  
  
1151  
00:45:50,560 --> 00:45:51,520  
他中焦呢  
  
1152  
00:45:51,560 --> 00:45:54,850  
肯定有所堵塞，有邪气  
  
1153  
00:45:55,890 --> 00:46:00,050  
这个时候你就不希望甘草甘缓去缓这个邪  
  
1154  
00:46:00,330 --> 00:46:02,210  
那你就只有一个办法，把它拿掉  
  
1155  
00:46:02,210 --> 00:46:05,880  
拿掉之后再去掉黄连的苦煎  
  
1156  
00:46:06,440 --> 00:46:08,240  
加上桂枝的透散  
  
1157  
00:46:08,720 --> 00:46:10,280  
它是偏于透邪  
  
1158  
00:46:11,590 --> 00:46:16,830  
这个相对于来说我认为就是可以理解为伤寒论这个  
  
1159  
00:46:16,910 --> 00:46:21,920  
你看这个几乎就跟那个黄连汤的那个差不多  
  
1160  
00:46:21,920 --> 00:46:24,240  
只是把黄连变成黄芪了吧  
  
1161  
00:46:24,520 --> 00:46:25,040  
是不是啊  
  
1162  
00:46:25,680 --> 00:46:25,960  
哎  
  
1163  
00:46:26,830 --> 00:46:28,310  
只是把黄连变黄琴了啊  
  
1164  
00:46:28,870 --> 00:46:33,450  
然后在这个做一个做一个，这么一个加减啊  
  
1165  
00:46:34,870 --> 00:46:35,710  
呃，一个小方  
  
1166  
00:46:36,230 --> 00:46:39,190  
那么就是可以临床中可以参考吧  
  
1167  
00:46:40,300 --> 00:46:42,940  
好，今天我们就讲这么多啊  
  
1168  
00:46:43,100 --> 00:46:45,220  
今天的课就下课吧，同学们啊